

LAKELAND JUNIOR TRACK & FIELD LEAGUE

1983

BOYS 11 - 12 TRIATHLON RESULTS

	<u>100</u>	<u>SP</u>	<u>800</u>	<u>TOTAL</u>
1. Paul Mattioli Roxbury	13.7 900	34-7* 780	2:27.0 1030	2710*
2. Scott Meyers Denville	13.6* 925	34-5 770	2:36.0 940	2635
3. Greg Himes Mountain Lakes	13.6* 925	28-5 530	2:28.0 1020	2475
4. Keith Watson Long Valley	13.8 875	30-9 630	2:35.0 950	2455
5. Cecil Barrett Randolph	13.9 850	33-1 720	2:42.0 880	2450
6. Eric Ostergren Mount Olive	14.2 775	28-9 550	2:25.0* 1050	2375
7. Kinta Shinhara Madison	14.2 775	28-4 530	2:27.0 1030	2335
8. Mike Benton Rockaway Twp.	14.8 625	29-2 560	2:28.0 1020	2205
8. Chris Gumbs Hopatcong	14.4 725	27-2 480	2:30.0 1000	2205

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GIRLS 11 - 12 TRIATHLON RESULTS

	<u>100</u>	<u>SP</u>	<u>800</u>	<u>TOTAL</u>
1. Pam Hoover Roxbury	13.9* 925	23-6 790	2:35.0* 1050	2765*
2. Ellen Draegert Madison	14.7 725	26-7* 975	2:45.0 950	2650
3. Laura Walters Mountain Lakes	14.1 875	22-6 670	2:44 960	2505
4. Wendy Zedowski Long Valley	15.0 650	26-1 945	2:59.0 810	2405
5. Kathy Dykstra Randolph	14.4 800	21-10 590	2:55.0 850	2240
6. Michele Moroney Hopatcong	14.1 875	19-5 300	2:42.0 980	2155
7. Dawn Sullivan Rockaway Twp.	14.4 800	20-4 410	2:46.0 940	2150
8. Danille Fondiller Denville	15.2 600	18-2 150	2:46.0 940	1690

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BOYS 13 - 14 PENTATHLON RESULTS

	<u>100</u>	<u>LJ</u>	<u>200</u>	<u>SP</u>	<u>MILE</u>	<u>TOTAL</u>
1. Mark Ruffolo Hopatcong	12.3 875	17-8 920	24.7* 1030	39-3 931	5:32.0 780	4536
2. Todd Aber Randolph	12.2 900	16-7 790	25.2 980	44-10* 998	5:50.0 600	4268
3. Dave Caruso Long Valley	12.5 825	15-7 670	25.6 940	37-2 906	5:47.0 630	3971
4. Sung-Ho Chun Roxbury	13.0 700	16-0 720	26.9 810	30-10 830	5:39.0 710	3770
5. Alan Fulton Mount Olive	13.2 650	11-11 230	28.0 700	42-11 975	6:18 320	2875

Meet Records

100-B	Lester Davis	Ran	1978	12.1
100-G	Jean Taormin	Den	1977	13.1
LJ-B	Lester Davis	Ran	1978	19-4
LJ-G	Tanya Smolin	Ran	1981	16-0
200-B	Mark Ruffolo	Hop	1983	24.7
200-G	Tanya Smolin	Ran	1981	27.4
SP-B	Todd Aber	Ran	1983	44-10
SP-G	Sharon Humphrey	Rox	1983	26-3
Mile-B	Andy O'Donnell	Hop	1980	5:05.0
Mile-G	Pam Hovliaras	Ran	1982	5:43.0
Total-B	Lester Davis	Ran	1978	4835
Total-G	Tanya Smolin	Ran	1981	4848

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	<u>100</u>	<u>SP</u>	<u>200</u>	<u>LJ</u>	<u>MILE</u>	<u>TOTAL</u>
1. Sharon Humphrey Roxbury	13.7 775	26-3* 925	28.2 980	14-0 840	7:23 170	3690
2. Sue Gessling Hopatcong	13.9 725	22-10 802	28.0 1000	11-9 570	6:59.0 410	3507
3. Michele Demarest Long Vlaaey	14.3 625	22-3 781	30.2 780	12-11 710	7:06 340	3236
4. Laura Szemplenski Randolph	13.9 725	25-3 889	30.3 770	11-7 550	7:12.0 280	3214
5. Natalie Adams Mountain Lakes	14.9 475	22-4 784	30.4 760	11-5 530	6:34.0 660	3209