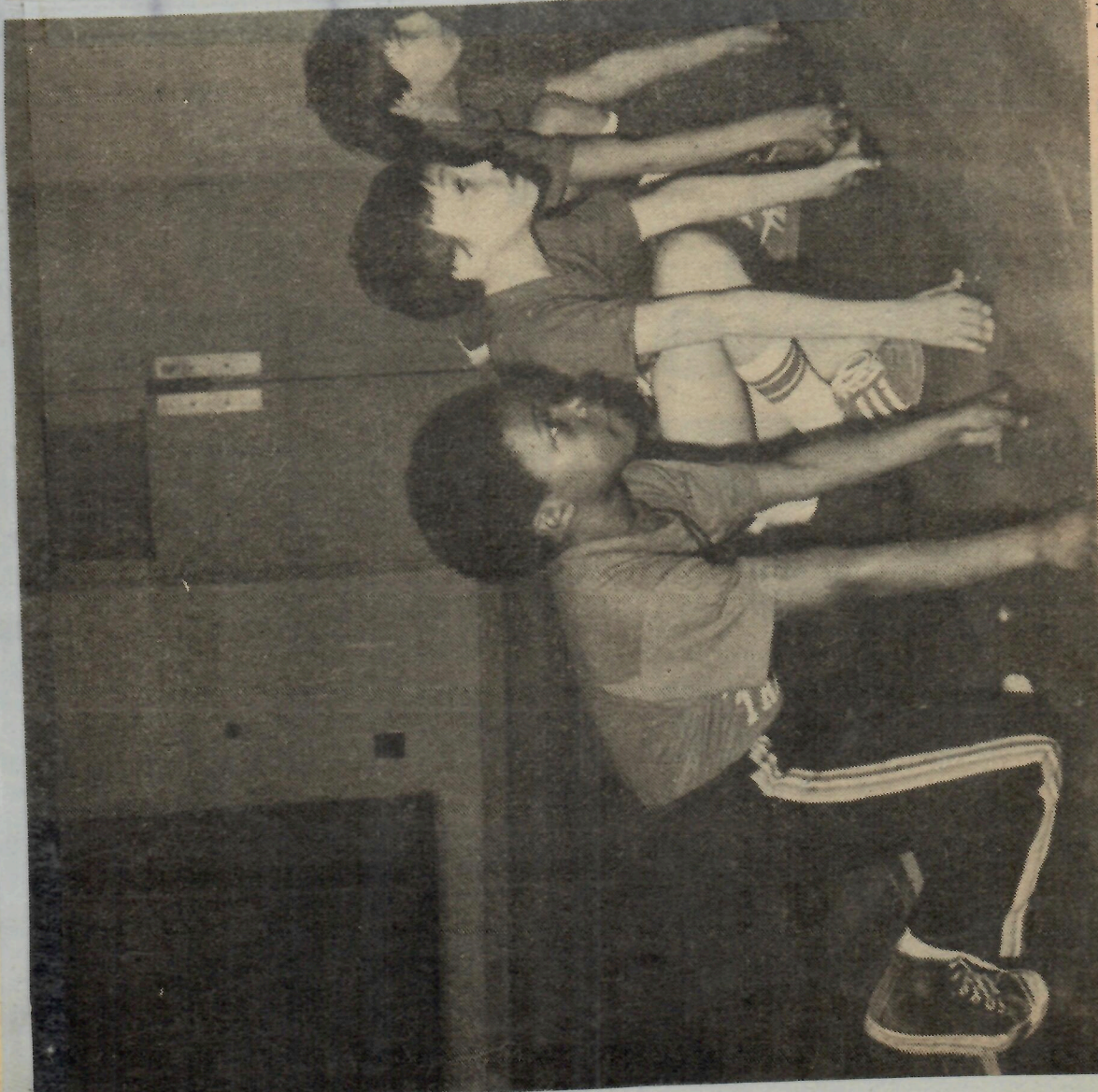


# In Randolph, The Kids Run And Run — And Win And Win



## Some Tips For Track Parents

If this is the first year your son or daughter has signed up for recreation track and field, here are some down-to-earth tips from the coaching staff:

— During the early season night practices, see that your son or daughter is properly clothed. Tee shirts and shorts won't do. Long pants, preferably sweatpants, a heavy sweatshirt, and even a hat and gloves are called for on the coldest days.

“When it's cold,” said program coordinator Len Pietrewicz, “the fingers and ears go first. If you're not comfortable, it breaks your concentration.” Sweatpants keep in the warmth generated by running and promote perspiration which flushes out of

system lactic acid which can cause sore muscles.

— Eating within two hours of practice is not recommended. The milk-eggs-sausage-juice breakfast should be replaced by a light meal of dry toast or cereal and tea, with the big feed coming after the practice or meet. “Or you're likely to find it all over the track,” warned Larry Golan, head coach for the 11-12 year old mid-

gets. — If a child wants to run outside of practices, think in terms of a mile being the minimum to strengthen the legs, said Pietrewicz. “Measure it off. It's the unusual kid who will run without worrying about how far, how fast. Most kids want those benchmark marks.”

(Peter Yanotta photo)

ON THE STARTING LINE at the first day of practice mediate School Monday were, from front, Jamah Wins for Randolph's recreation track program at the Inter-ton, Craig Laird and Evan Pinto.

**By M. JOAN BOUCHER**

"Every kid wants to be a sprinter, but young children are predominantly suited to distance running," said Larry Golan, one of three head coaches for recreation track and field which opened its tenth season this week.

"Most kids have lots of stamina, but their muscles are not completely developed yet. And sprinting is a muscular activity, a strength activity. There isn't too much known about training of young kids — but knowing that what the kids want to do, is not necessarily what they should do at this age, we stress lots of stretching exercises to get those muscles nice and flexible," said Golan, who coaches the 11-12 year old midget class.

Randolph has an enviable record in recreation track and field — 40 consecutive wins in dual meets since the township joined in the formation of the Lakeland Junior Track and Field League in 1972. Participation tops 300 with boys and girls in three age groups: bantams, 8-10; midgets, 11-12; and juniors, 13-14. Randolph competes in Division I against Bernards, Denville, Hopatcong and Mendham. Len Pietrewicz, physical education instructor for Fernbrook and Center Grove elementary schools, is this year's league president, in addition to coordinating the local program.

The recreation track season opened inside this week at the Intermediate School, with practice and conditioning designed to loosen up the muscles and effort, so there's every reason for our kids to remain competitive on an individual basis."

"Our philosophy is that against the other town. The most important is the competition against oneself," said Golan.

Each youngster gets a

build lung capacity. Monday night 125 children 10 and under steamed up the gym. "Can you imagine what it would be like if these kids were older?" laughed one parent on the sidelines.

**Moving Outdoors**

April 9 the kids move outdoors to the high school track for what Pietrewicz calls "the toughest part of the season. That's when we work out who's going to do what." The decision is based on two factors, how well the young person performs in an event and what events the athlete would prefer to enter.

"We stress enjoyment," said Golan, "so the kids select what events they'd like to participate in and we try to accomodate them."

Pietrewicz has a staff of three head coaches for each age group, who in turn, are assisted by at least 20 community volunteers. Most have high school or college track backgrounds, and/or are running now. Many work out with the kids, saying they enjoy the comeraderie.

Dave Laird, head coach for the 8-10 year old bantams, thinks this community support and enthusiasm is what brings out so many more kids in Randolph than in some of the communities against whom we compete. "This leads to power-house teams," said Laird, who assisted in the bantams last year. "We just don't lose."

Doesn't that dampen the competitive spirit somewhat?

"Fortunately, with track," Laird answered, "there's a good blend of individual effort with team everybody that comes out participates, on three levels of competition: against oneself, against your teammates, and chance to compete in a minimum of two to a maximum of four events. All three age groups can enter the 220 yard dash, the

**1979 Recreation Track and Field Schedule**

- April 22 — Denville at Randolph
- April 29 — Bernards at Randolph
- May 6 — Rockaway-Harding at Randolph
- May 12 — Hopatcong at Randolph
- May 19 — Mt. Olive Midget Invitational at Mt. Olive
- May 20 — Mendham at Randolph
- May 25 — Lakeland 13-14 Pentathlon at Randolph, 6 p.m.
- May 27 — Division I Novice at Mt. Olive, 1 p.m.
- June 1 — Dist. Junior Olympics at Randolph, 1 p.m.
- June 3 — Lakeland Championship at Randolph, 1 p.m.
- June 10 — Lakeland Relays at Mt. Olive, 1 p.m.
- June 16 — State Jr. Olympics Championship at Cranford, 10 a.m.

mile run, the shot put and the long jump. The older two age groups add the 440 yard dash and the 880 run. There's also the 50, 75 or 100 yard dash according to age. Each age group has several relay options, with the most numerous younger children getting a chance at the shuttle or "gang" relay which doubles the usual number of participants from four to eight.

Lack of equipment at some schools keeps the broad jump and the hurdles out of the events line-up.

"We go to a meet with a 'seriatum,' which is a list ranking all our kids by ability and times," said Golan. "Our first three run against Bernards first three in the scoring heat; our fourth, fifth and sixth ranking compete against the same for Bernards, etc., and on in additional heats until every child has run."

"Our whole philosophy," said John Hayes, head coach this year for the 13-14 year old juniors, "is to let the children be active, no matter what their ability. By the very nature of track and field, no matter what size or shape you are, there's a place for you — or at least a place for everybody's who's willing to get out and work at it."

"Distance runners in particular, can be developed," said Pietrewicz. "It's a sport

where hard work pays off — the more they run the better they get. And the nice thing about track is that you can work out on your own. You don't have to wait for five or ten other guys to show up."

#### **Numbers Overwhelming**

Last year John Hayes coached the 8-10 age group, which always has more participants than the older two age groups combined.

"At the youngest level, you're overwhelmed with numbers. The kids tend not to concentrate; they're just doing what comes naturally — running. As they get older, there's a weeding out and they start to get the self-discipline needed to bear down and develop a bit of expertise," Hayes said.

"Last year it was mainly an organization job. This year I'll have to brush up on my skills!" said the junior coach, who was involved in the Mt. Olive program for two years before moving to Randolph.

Track meets are held mainly on Sundays from 1-4:30 p.m. at Randolph, because the facilities are better, said Laird. But there could be a hitch this year. The high school track is due for resurfacing; in fact, the contract has already been negotiated. A contract for work on the surrounding grounds has not been negotiated yet, though, and these two

projects have to be coordinated before the track people will know if construction will knock out the use of Randolph's facilities for all or part of the season.

Laird, a member of the Board of Education, said he is urging the board to delay the start of work on the high school track and grounds until late May, if the contractors are agreeable.

"We're thinking of the high school programs too," he said. If the track people don't get their wish for a delayed construction start, Laird says they'll have to make do with the high school parking lot for practices, and reschedule meets at other schools.

How are Randolph's prospects this year?

"Out of our 16 or so team records, half were broken last year, most of the rest the year before," said Golan. "Every year the kids are getting better and better."

# Track and Field Schedule

## DIVISION I

## DIVISION II

Sunday, April 22

Denville at Randolph  
Hopatcong at Bernards  
Mt. Arlington-Mt. Lakes at Mendham

Boonton Twp. at Rockaway Twp.  
Harding Twp. at Mt. Olive  
Mt. Arlington-Mt. Lakes at Mendham

Sunday, April 29

Mendham at Denville  
Harding Twp.-Hopatcong at Boonton Twp.  
Bernards at Randolph

Mt. Arlington at Rockaway Twp.  
Harding Twp.-Hopatcong at Boonton Twp.  
Mountain Lakes at Mt. Olive

Sunday, May 6

Bernards at Denville  
Rockaway Twp.-Harding Twp. at Randolph  
Hopatcong at Mendham

Rockaway Twp.-Harding Twp. at Randolph  
Mountain Lakes at Boonton Twp.  
Mt. Arlington at Mt. Olive

Saturday, May 12

Mt. Arlington-Harding Twp. at Denville  
Bernards at Mendham  
Hopatcong at Randolph

Rockaway Twp. at Mountain Lakes  
Mt. Arlington-Harding Twp. at Denville  
Boonton at Mt. Olive

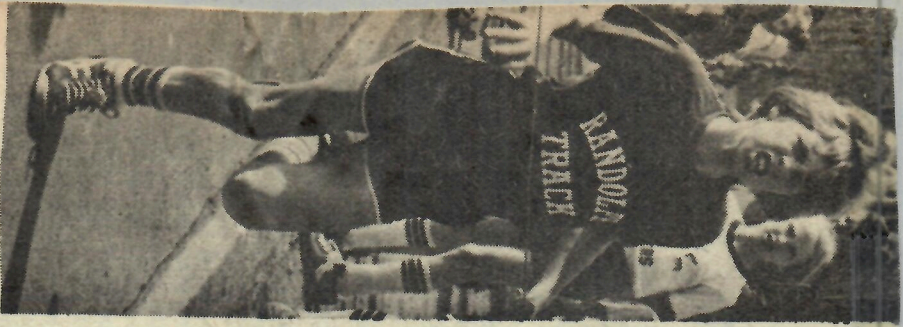
Sunday, May 20

Hopatcong at Denville  
Mendham at Randolph  
Mt. Arlington-Boonton Twp. at Bernards

Rockaway Twp. at Mt. Olive  
Mt. Arlington-Boonton Twp. at Bernards  
Mountain Lakes at Harding Twp.

Saturday, May 5 .....	Mount Olive Midget Invitational at Mount Olive, 10 a.m.
Friday, May 25 .....	Lakeland 13-14 Pentathlon at Randolph, 6 p.m.
Sunday, May 27 .....	Division I Novice Meet at Mount Olive, 1 p.m.
	Division II Novice Meet at Rockaway Twp., 1 p.m.
Friday, June 1 .....	District Junior Olympics at Randolph, 6 p.m.
Sunday, June 3 .....	Lakeland Championship Meet at Randolph, 1 p.m.
Sunday, June 10 .....	Lakeland League Relays at Mount Olive, 1 p.m.
Saturday, June 16 .....	State Junior Olympic Championship at Cranford, 10 a.m.

**NOTE: Meets scheduled at Randolph may be moved to alternate site while the track at Randolph is being resurfaced.**



**DENVILLE** — Hundreds of parents bask in the sun on a hillside while watching their youngsters compete in a Lakeland Junior Track and Field League meet between Denville and Randolph at Morris Catholic High School last Sunday. Right, competitors in the 9-10 year-old age group make the first turn during one of two heats of the mile. At left,

Randolph's John Hayes strains across the finish line of the 11-12 year-old mile, winning the event in a record 5:29.2 to eclipse the old mark of 5:30.2. Hayes also won the half mile in 2:39.7.



**DENVILLE** — Junior tracksters break from the starting line during the mile run for 9-10 year-olds in last Sunday's opening day of the Lakeland Junior Track and Field League season. Randolph went on to defeat Denville, 229½ to 162½, in a division I meet,

thanks in part to four-event winners Mat Hayford (9-10), Joe Gangemi (11-12) and Wanda Golan (13-14). Denville, however, wasn't without its big winner as Dave Peer took four different events in the 13-14 year-old age group.

By Barry Rubinstein

The Lakeland Junior Track and Field League opened its 1979 season last Sunday, as Randolph, Bernards, Harding and Rockaway Twp. all got off on the winning "track" in dual meet competition. Mountain Lakes was the victor of a tri-meet with Mendham and Mt. Arlington.

Mt. Olive (0-1) dropped a 209½-170½ verdict to Harding (1-0), but had a pair of fine individual performers. Robbie Rosone won four events (50, 220, 440 and long jump) in the 9-10 year-old division, while Kal Toomsoo took three events (220, 75, long jump) in the 11-12 division.

Randolph (1-0) had seven standouts in its 229½-162½ triumph over Denville (0-1). In the 9-10 division, Mat Hayford was tops in the 50, 220, 880 and long jump, while Denville's Barb Hansen was heaving the shot 22-4½ feet to win that event. Randolph ruled in the

11-12 age group, with Joe Gangemi (75, long jump, shot put, mile relay), John Hayes (880, and a record 5:29.2 in the mile) and Tanya Smolyn (long jump, 440) garnering individual honors. In the 13-14 age bracket, Randolph's Nick Gangemi (220, shot put) and Wanda Golan (100, 220, 440) were pacesetters, long with Denville's Nick Laodato (Mile, 880) and Dave Peer (100, 880, long jump).

Rockaway Twp. (1-0) opened its '79 campaign with a 336-41 trouncing of Boonton (0-1). Mark Leonard won three events (long jump, mile, 220) for Rockaway Twp in the 11-12 group while Boonton's Mat O'Brien won the mile in 5:14.0 in the 13-14 division.

Hopaccong (0-1) had a rough start, losing to Bernards (-0) by a count of 211-181, but had a bright spot in Rich Szabo, who scored in three events (220, 50, long jump).

Mourrain Lakes (2-0) totally dominated the only

## Lakeland track is off to the races

tri-meet last Sunday, outpointing both Mendham (1-1) and Mt. Arlington (0-2). Mountain Lakes finished with 224 points, Mendham 133 and Mt. Arlington 106.

Starring for Mountain Lakes were: Jenny Heissent-butler (100, 220 long jump) and Helen Simkins (440, 880, 440 relay) in the 13-14 division; Glenn Hoffman (75, shot put, mile, mile relay), Mike Maute (long jump, mile, mile relay) and Brian Parian (220, mile relay) in the 11-12 group; Jim Gibson (long jump, mile) and Tanya Barhar (mile, shuttle hurdles, shot put, 880 relay) in the 9-10 division.

Today's slate features: Mendham at Denville, Harding and Hopaccong at Boonton, Randolph at Bernards, Mt. Arlington at Rockaway Twp. and Mountain Lakes at Mt. Olive.

Randolph and Bernards are tied for first place in Division I, and Mountain Lakes is holding down the top spot in Division II.

# Young Tracksters Hand Bernards Its Worst-Ever Defeat, 289-103

Randolph's midget track team drummed Bernards out of an early-season tie for first place in Division I of the area league last Sunday, in a meet the locals won, 289-103 with the largest point-total ever run up against the Bernards team, a traditional powerhouse. The Randolph team's 42nd straight victory brought its record to 2-0 in the young 1979 season, and put it alone atop the division standings.

In the 11-12-age-group competition, team records were set by Tanya Smolin, John Hayes and Jenny Ellis, while the boys medley relay team of Joe Gangemi, Mike Metzner, John Azzolino and Dean Malecki set a league record of 2:00.6. The 880 relay in the 9-10 competition was won in team-record time by Mat Hayford, Craig Laird, Sherrod Burney and Larry St. Clair. Lisa Ellis's second-place finish at 5:30.3 in the 13-14-age mile was also good for a team record.

Cary Schlinder took or shared first place in no less than four events in 9-10 competition: the 50 yard dash, the shot put, the 440 relay and the 880 relay. The boys 880 relay team won their event in a record 2:10.8.

In the 11-12 competition, Joe Gangemi won the long

jump, shot put and 75 yard dash; Tanya Smolin set a team record of 28.9 in winning the 220, along with team and league records with a 14'9" leap in the long jump. She also won the girls 75 yard dash.

John Hayes's 2:34 was good for a win and a team record in the boys 880, while Jenny Ellis got both of the corresponding honors with a 2:44.2 in the girls 880. The girls medley relay team of Tanya Smolin, Rhona St. Clair, Lisa Gnatz and Terry Gnatz also won.

In the events for ages 13-14, Nick Gangemi took individual firsts in the 220 and shot put, while Will O'Connell won the 100 and long jump. For the girls, Lisa Ellis's team-record-setting time in the mile was 5:30.3, and Wanda Golan won two events: the 100, the 220 and the 220. She was also a member of the winning 440 relay team, while Nick Gangemi and O'Connell ran with the first-place boys 880 relay entry, fields a high-powered team. Coach Len Pietrewicz pointed to the "outstanding record efforts" in the meet, especially in the 11-12 competition, and said the team's depth was "beginning to show."

The age-group scoring was as follows: in the 9-10, 99-21, Randolph; in the

11-12, 102-34, Randolph; in the 13-14, 88-48, Randolph.

Next Sunday the local team will face Harding and Rockaway Township in its first triple meet in three years. Rockaway is undefeated in Division II, with a 2-0 record that matches Randolph is a victory shy of but division-leader Mountain Lakes, which is 3-0.

## League Standings

### Division I

Randolph	2-0
Hopatcong	2-1
Bernards	1-1
Denville	1-1
Mendham	1-2

### Division II

Mountain Lakes	3-0
Rockaway Twp.	2-0
Harding Twp.	2-1
Mt. Olive	0-2
Mt. Arlington	0-3
Boonton	0-3

## Correction

In the report last week on the midget track team's opening meet, one athlete's team-record finish was omitted

Because of a timer's error, Rhona St. Clair and Tanya Smolin, both of the Randolph team, were awarded a shared first-place in a team-record time of 9.7 seconds in the girls 75-yard-dash, 11-12 age group, against Denville April 22. Miss St. Clair's name was omitted from the report.

## Lakeland Summaries

Here are the results and top finishers of Lakeland Junior Track and Field League action of Sunday, April 29:

### MOUNTAIN LAKES 258 MOUNT OLIVE 132

9-10  
Bie Rosone (MO) 50, 220, L.J., 440 relay.

11-12  
Kai Toomsoo (MO) 75, 220 L.J.; Derrick Hughes (MO) 220, 440, L.J., 880 relay.

ROCKAWAY Twp. 390  
MT. ARLINGTON 94

9-10  
Kris Greenwood (MA) 50, mile, 220.

11-12  
Mark Leonard (RT), 220, mile, L.J.

HOPATCONG 308, HARDING 139  
BOONTON 43

9-10  
Donna Leeder (Hop) 50, L.J., 440 relay;

Lee Larragina (Hop), mile 880 relay, 220;

Doug Mahler (Hop) 50, 220, L.J., 440 relay.

11-12  
Tracy Grabicki (Hop) 440, L.J., Medley relay;

Jeff Pallanger (Hop) 440, mile, Medley relay.

13-14  
Bob Loven (Hop) 100, 220, 880 relay.

RANDOLPH 289, BERNARDS 103

9-10  
Carey Schindler (R) 50, SP, 880 relay, 440 relay.

11-12  
Joe Gangemi (R) 75, L.J., SP, medley relay;

Tanya Smolin 75, 220, L.J. (14-9 league record), medley relay; Medley Relay (R) 2:00.6 league record.

13-14  
Nick Gangemi (R) 220, SP, 880 relay;

Wanda Golan (R) 100, 220, 440 relay; Bon

Hinman (B) mile (4:59.6 league record);

Will O'Connell 100, L.J., 880 relay.

DENVILLE 326½, MENDHAM 651½

9-10  
Dave Berrier (D) 50, 220, L.J., 440 relay.

11-12  
Dave Kirk (D) 220, 440, medley relay;

Patti Larsen (D) 75 (9.6 league record), 220, L.J., medley relay.

13-14  
Kati Parkinson (D) 100, L.J., 440 relay;

Dave Peer (D) 100, 220, L.J., 880 relay; Ed

Burroughs (D) 440, 880 relay.

## League Standings

### DIVISION I

Randolph	W	L
	2	0
Hopatcong	2	1
Bernards	1	1
Denville	1	1
Mendham	1	2

### DIVISION II

Mountain Lakes	W	L
	3	0
Rockaway Twp.	2	0
Harding	2	1
Mt. Olive	0	2
Mt. Arlington	0	3
Boonton	0	3

# Rec Track: The Best Team Ever?

## Team Wins 44th Straight, Dominates Invitational

Randolph's recreation soccer squad overpowered Harding and previously-unbeaten Rockaway Township in an unusual triple meet last Sunday to gain its 44th consecutive victory, a day after several team members had dominated the Mount Olive Invitational Meet.

The final tally of Sunday's triple meet was Randolph 295, Rockaway 144, Harding 58. The team won every relay event, noted coach Len Pietrewicz, who said this year's squad is "shaping up to be the strongest Randolph team in history" in the midget program. Five league records and a number of team records were set by local runners, noted the coach.

Team scores in the different age groups were: 9-10, Randolph 96, Rockaway 40, Harding 22; 11-12, Randolph 103, Rockaway 38, Harding 29; 13-14, Randolph 96, Rockaway 66, Harding 7. The individual standouts were:

**Age-group 9-10:** Carey Schlinder ran to a team record with a 7-second 50-yard dash, and

ran with Taryn Barnes, Donna Schiksnis and Maureen Woods on the girls' 880 relay team that finished in 2:10.6, setting both team and league records.

The boys' 880 relay entry of Mat Hayford, Craig Laird, Sherrod Burney and Larry St. Clair also set team and league records with a 2:08.0 race, and the 440 relay entry did the same, as Hayford, Jamauh Winston, Todd Aber and Mike Goodson ran a 60.6-second race. Hayford also got an individual first in the 220.

Taryn Barnes won the girls' 220 in 32.0 seconds, setting a team record.

**Age-group 11-12:** Joe Gangemi won the 75 in 9.1 seconds, a team and league record, and John Hayes set a team mark of 5:27.0 in the mile. Randy Valentine topped the 880 in 2:31.2, a team record. Cathy Smith also set a standard in the girls' 880, with a 2:43.1 finish, and Tanya Smolin broke the team record and won the 220 in 28.9. The medley-relay team of Gangemi, Mike Metzner, Chris Shilakes and Dean Malecki won in 2:00.4, setting team and league marks.

**Age-group 13-14:** Nick Gangemi won the 100, 200,

and shot put and ran in the winning 880-relay effort. Lisa Ellis, who on Saturday took a third place with a 5:42 mile in the prestigious Bernards Invitational, came back Sunday to win the 880 in 2:29.1, a team record.

### Champions

Randolph competitors took home a bumper crop of honors from the Mount Olive Invitational. In the 7-8 age-group, Ty Schlinder got a first in the long jump with an 8'4 1/2" effort, and placed fourth in the 50 with a 7.9 finish. Brook Ellis won the 880 in 2:59, and came in second with a 38.4-second 220.

Competing in the 9-10-year-old division, Carey Schlinder tied a team record with a winning 7.1-second 50, and placed third in the 220 with a 24.6-second time. Larry St. Clair came in second in the 220, in 32.8 second, and third in the 880, running a 2:36.4 race.

Honors in the 11-12 group were garnered by Tanya Smolin, first in the 100 with a 12.3-second race, and first in the long jump with a 13'9" leap; Larry Golan, third with a 13.3-second 100; Mike Metzner, third in the long jump at 12'7"; Chris Shilkes, first in the 100 at 12.8; and Joe

Gangemi, first in the long jump (14'5") and the shot put (30'9").

In the 13-14 group, Wanda Golan set a team record winning the 100 in 12.2 seconds; Izze Golbins took both the long jump (14'2") and the shot (23'4"); and Nick Gangemi set a boys' team record in the 100, finishing in 10.7 seconds, and won the boys' shot with a 40.8' heave.

Reviewing the week's successes, coach Pietrewicz gave credit to his coaches and assistants, whose work, he said, has been "tremendous." The team's next meet will be this Saturday at the Dover High School track, Hamilton Field on Rte. 46.

### LEAGUE STANDINGS

#### Division I

Randolph	4-0
Hopatcong	3-1
Denville	2-1
Bernards	1-2
Mendham	1-3

#### Division II

Mtn. Lakes	4-0
Rockaway Twp.	3-1
Mt. Olive	1-2
Harding Twp.	0-4
Mt. Arlington	0-4
Boonton	0-4





**BREAKING A TAPE** in the Mt. Olive Invitational Saturday is Randolph's Rhona St. Clair. (Barbara Beirne photo)

# Lakeland track sums

Results and top finishers of Lakeland Junior Track and Field League action Sunday, May 6:

**DENVILLE 271½, BERNARDS 116½**  
11-12 Year-Olds

Dave McKuen (D) 880, mile, medley relay; Tricia Larsen (D) 75, 220, L.J. medley relay.

13-14 Year-Olds  
Chuck Burrows (D) 440, 880, shot; Dave Peer (D) 100, 220, L.J., 880 relays.

**MT. LAKES 332**  
**BOONTON TWP. 60**

No results.  
**RANDOLPH 295, ROCKAWAY 144, HARDING 58**  
9-10 Year-Olds

Joe Gangemi (Ran) 75 (9.1 league record), L.J. Shot, medley relay; Tanya Smolin (Ran) 75, 220, L.J., medley relay; Cathy Smith (Ran) 880, mile, Medley Relay (Ran. Boys) 2:04 league record.

13-14 Year-Olds  
Nick Gangemi (Ran) 100, 220, shot, 880 relay; Bob Rosser (Rock) 880, mile; Lisa Ellis (Ran) 880, mile.

**MT. OLIVE 264**  
**MT. ARLINGTON 107**  
9-10 Year-Olds

Robbie Rosone (MO) 50 (6.7 league record), 220, L.J., 440 relay; Michele Masotti (MO) 50, 220, L.J., 880 relay.

11-12 Year-Olds  
Kai Toomsoo (MO) 75, 220 L.J.  
**HOPATCONG 300**  
**MENDHAM 91**  
9-10 Year-Olds

Doug Mahier (H) 50, 220, 440 relay; Lisa Smith (M) 50, 220, L.J.

11-12 Year-Olds  
Tracy Grabicki (H) 75, 440, L.J., medley relay.

13-14 Year-Olds  
Maureen LaRose (H) 100, 220, 440; Mary Ann Homan (H) 880, mile, L.J.; Bob Loven (H) 100, 220, shot, 880 relay.

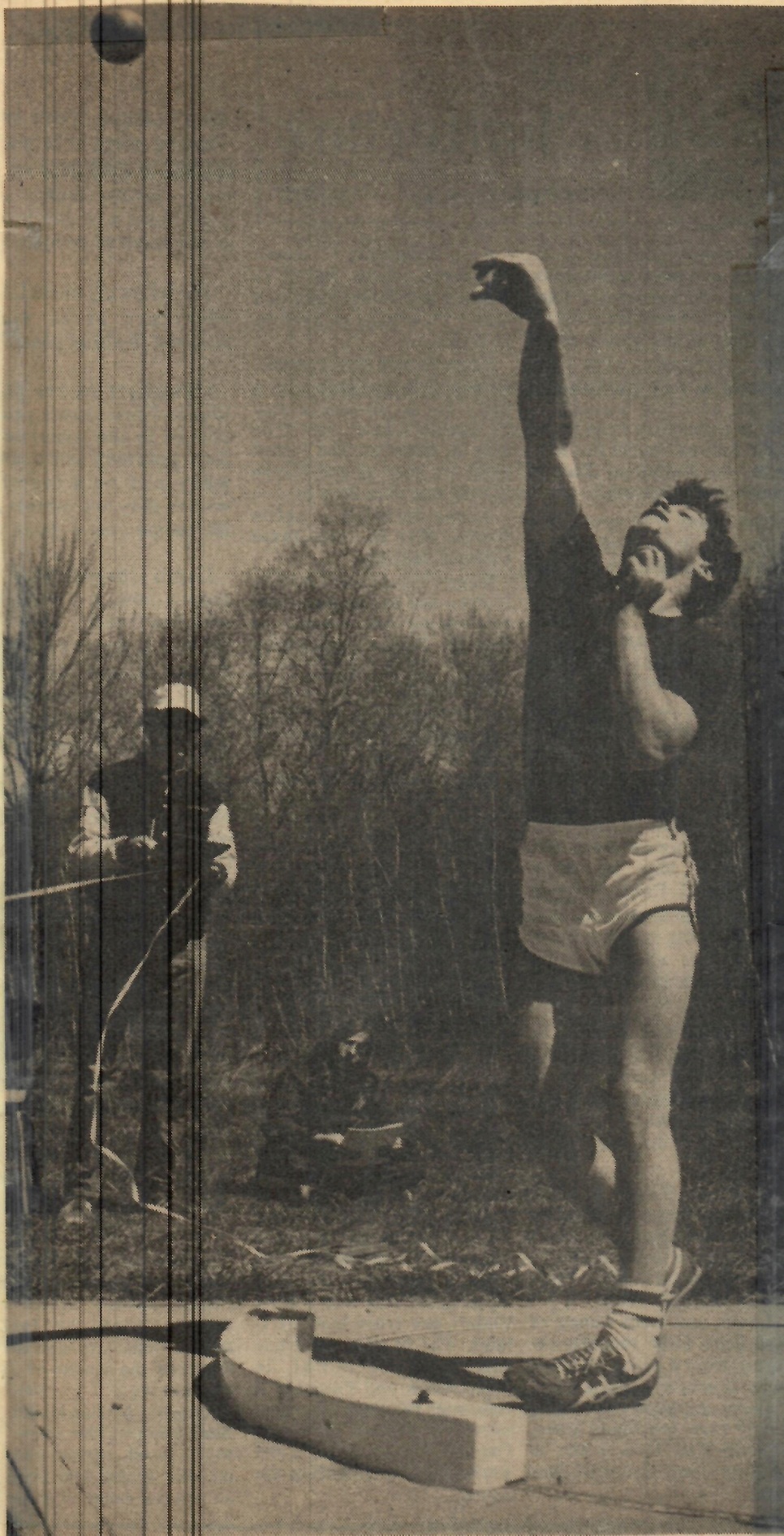
## League Standings

### DIVISION I

	W	L
Randolph	4	0
Hopatcong	3	1
Denville	2	1
Bernards	1	2
Mendham	1	3

### DIVISION II

	W	L
Mountain Lakes	4	0
Rockaway Twp.	3	1
Mt. Olive	1	2
Harding Twp.	0	4
Mt. Arlington	0	4
Boonton Twp.	0	4



(Barbara Beirne photo)  
**NICK GANGEMI**, who placed second in the Lakeland Midget Track League's pentathlon competition Friday, heaves the shot, in which he set a league and team pentathlon record.

## Boys

### 7-8 Year Old

50 — 1. Sean Sherman, 2. Philip Spaldi, 3. Kevin Bree.

220 — 1. Sean Sherman, 2. Philip Spaldi, 3. Joel Petino.

800 — 1. Kevin Bree, 2. Matej Puc, 3. Dennis Suler.

LJ — 1. Ty Schindler, 2. Duane Hennion, 3. Joel Petino.

### 9-10 Year Old

50 — 1. Robbie Rosone, 2. Alan Swickel, 3. John Gebbauer.

220 — 1. Doug Mahler, 2. Alan Swickel, 3. Larry St. Clair.

800 — 1. Kevin Regen, 2. Peter Stewart, 3. Larry St. Clair.

LJ — 1. Robert Guzzardi, 2. Robbie Rosone, 3. Davy Mahler.

### 11-12 Year Old

100 — 1. Chris Shitakes, 2. Erik Levett, 3. Larry Golan.

440 — 1. Steve Radler, 2. Erik Levett, 3. John Loschiano.

Mile — 1. John Hayes, 2. Randy Valentine, 3. Steven Forte.

Shot — 1. Joe Gangemi, 2. Chris Kleczkowski, 3. Jason Jahn.

LJ — 1. Joe Gangemi, 2. John Loschiano, 3. Mike Metzner.

### 13-14 Year Old

100 — 1. Nick Gangemi, 2. Robert Loven, 3. Chris Finlan.

440 — 1. Derek Hughes, 2. Chris Finley, 3. Steve Lynn.

Mile — 1. Andrew O'Donnell, 2. Kevin O'Brien, 3. Greg Pellinger.

Shot — 1. Nick Gangemi, 2. Robert Loven, 3. Don Walters.

LJ — 1. Derek Hughes, 2. Steve Lynn, 3. James Ryan.

## Girls

### 7-8 Year Old

50 — 1. Gina Bodino, 2. Amy Papas, 3. Jessica Arnold.

220 — 1. Gina Bodino, 2. Brooke Ellis, 3. Jessica Arnold.

LJ — 1. Lynn Boonstra, 2. Amy Papas, 3. Michelle Kotasa.

### 9-10 Year Old

50 — 1. Keri Schindler, 2. Donna Leader, 3. Suzy Goessling.

220 — 1. Kristine Borowski, 2. Leigh Ann Laregina, 3. Kary Schindler.

800 — 1. Brooke Ellis, 2. Leigh Ann Laregina, 3. Lyn Powers.

LJ — 1. Lyn Powers, 2. Kristen Borowski, 3. Donna Leader.

### 11-12 Year Old

100 — 1. Tanya Smolin, 2. Chantal Bolucci, 3. Ann Toomsod.

440 — 1. Tracy Corabicki, 2. Shari Susko, 3. Kaytee Panzer.

Mile — 1. Stacey Armondo, 2. Janet Kari, 3. Susanna Hawkes.

Shot — 1. Susannah Wilkins, 2. Susan Strange, 3. Denise Crane.

LJ — 1. Tanya Smolin, 2. Tracy Grabicki, 3. Kai Toomsod.

### 13-14 Year Old

100 — 1. Wanda Golan, 2. Diane Wells, 3. Noele Collura.

440 — 1. Janice Saffler, 2. Maureen Wilkins, 3. Kim Barnes.

Mile — 1. Gail Turiow, 2. Mary Ann Homan, 3. Pam Smith.

Shot — 1. Ilze Gobins, 2. Gail Kliesh, 3. Christine Mackenzie.

LJ — 1. Ilze Gobins, 2. Chrissy Lamberto, 3. Diane Wells.

# Wolfson Wins Pentathlon, Midget Tracksters Eye Title

The midget track team's schedule of dual meets has been concluded with four wins, no losses and a couple of rainouts, good enough for first place in the final standings of the area midget league's Division I. In individual competition last week, Karen Wolfson placed first and Nick Gangemi got second in the girls' and boys' Pentathlon competition Friday night at Morris Hills High School and several local athletes gained honors in the Novice Championships, Sunday at Mount Olive High School.

What's left for the midgets are the District I Junior Olympics, Friday, June 1 at 6 p.m. at Morris Catholic High School in Denville; the Lakeland League Championships Sunday, June 3 at Morris Hills High School in Rockaway, at 1 p.m.; the Lakeland League Relays, Sunday, June 10 at 1 p.m. at Mendham High School; and the State Junior Olympics Saturday, June 16 at 10 a.m.

at Cranford Recreation Field in Cranford.

In Friday night's pentathlon competition, Karen Wolfson turned in a consistent performance through all five events, never scoring fewer than 800 points in any one. She set team pentathlon records in the shot put, long jump and mile. Her margin of victory was 600 points over Mary Ann Homan of Hopatcong.

Karen placed first in the 100, in 12.9 seconds; first in the long jump, at 14'5"; first in the 220, in 29.4; second in the shot, at 21'11"; and second in the mile, in 6:19.

Nick Gangemi won three events in the boys' pentathlon, but eventual winner Dave Peer of Denville ran up a more balanced score, winning only the long jump but placing second in the other four events. Peer's final tally was 4,187, while Gangemi's was 3,622.

Nick set a league and team pentathlon record with a 40'11" heave in the

shot, good for a first, and also won the 100, in 11.4 seconds, and the 220, in 25.8. But he placed only seventh in the long jump, with a 14'2" effort, and his 6:21 time was eighth in the mile.

## Novices Win

In Sunday's Novice Championships, young athletes who won't be competing in the Lakeland League Championships got a chance to triumph, and several from Randolph did. In the 9-10 age-group, Mike Bolan placed first in both the long jump and 50-yard-dash, while Heather Cavanaugh won the girls' shot put.

In the 11-12 group, Larry Golan won three individual firsts, in the 75, 220 and long jump, and joined with Perry Goldschein, Ben Jeffcoat and Alex Lauber to win the boys' medley relay. Goldschein won the 880 and placed second in three events: the 440, 75 and mile. Lauber won the 440 and placed second in the 220.

Cindy Maus won the girls' 75 and 220, and ran with Kris DiCarra, Allison Duncan and Pam Cherier on the winning medley relay. Susan Beth Shelton won the 880, placed third in the mile and was on the second-place medley relay squad.

In the 13-14 age-group, Marty Connaughton won the 880 and placed second in the mile.

## Final League Standings

Division I	
Randolph	4-0
Denville	3-1
Hopatcong	3-2
Bernards	1-2
Mendham	1-3
Division II	
Mtn. Lakes	5-0
Rockaway Twp.	4-1
Mt. Olive	1-3
Mt. Arlington	0-4
Boonton Twp.	0-4
Harding Twp.	0-5

## Area youngsters take pentathlon

ROCKAWAY — Dave Peer of Denville and Karen Wolfson of Randolph came away winners in their respective divisions at the Lakeland Junior Track and Field League Pentathlon at Morris Hills High School Friday night.

Peer won the boys' event for 13- and 14-year-olds with a total of 4,187 points. Although he won only one event, he showed balance in all five to take the championship. His first place came in the long jump at 16-1. He finished second in all the others with 11.5 in the 100-yard dash, 25.9 in the 220, 35-1 in the shot put and 5:30 in the mile.

Randolph's Nick Gangemi set a record in the shot put to help him garner second place in the pentathlon with 3,622 points. His heave of 40-11 beat Bobby Fox' 1977 record of 38-10. Gangemi also won the 100 at 11.4 and the 220 with 25.8.

Third place went to Mack Pendergrast of Mendham with 3,554 points. Boonton's Kevin O'Brien took fourth with 3,488 points and set a record for the mile at 5:14, two seconds faster than the former standard.

In the girls' competition, Wolfson amassed a total of 4,296 points to take first place. She won the 100 in 12.9, the 220 in 29.4 and the long jump at 14-5. She also finished second in the shot put at 21-11 and the mile at 6:19.

Mary Ann Homan of Hopatcong finished second with 3,680 points, winning the shot put at 22-1 and the mile at 6:13. Mary Smart finished third with 3,573 points.

The Novice Championships was held Sunday afternoon at Mt. Olive H.S. and Morris Hills H.S. for those who did not compete in Friday's pentathlon.

On Sunday, June 3 the league will hold its overall championships at Morris Hills at 1 p.m. All 11 teams in the league will compete, with Division 1 leader Randolph, who finished the season at 4-0, and Denville, 4-1, looming as the favorites.

The District 1 Junior Olympics will be held at Morris Catholic High this Friday at 6 p.m. with Denville, Randolph, Mt. Olive, Mendham, Hopatcong and Mountain Lakes representing the league. Winners will go on to the state championships in Cranford on June 16.

# Randolph Posts 21 Winners In

# Junior Olympics

Posting a total of 19 individual winners and placers and two winning relay teams in last Friday's District I Junior Olympic meet at Morris Catholic High School, Randolph's midget track program advanced that contingent to the state Junior Olympic finals next Saturday, June 16, at Cranford High School.

In the meet, conducted separately from the Lakeland Midget Track League in which the local team normally competes, 39 events were contested in three age groups; bantam, for ages nine and under, midget, for 10-11-year-olds, and midget, for 12-13-year-olds.

Double and triple winners for Randolph included, in the juniors, Wanda Golan, who won the 100-yard-dash and the high jump and ran with the winning girls' 440 relay squad; Nick Gangemi, who won the 100 and shot and placed second in the triple jump; and Diane Hayes, who won the 440 and also ran with the 440-relay winners.

In the midget division, Tanya Smolin swept to firsts in the girls' 100, long jump and high jump, setting district records in all three events, and Taryn Barnes both won the 50 and ran with the 440-relay winners.

Bantam Jamauh Winston won the 50 and 100 races.

Other winners for Randolph were Lisa Ellis, who set a district record with a 5:20.2 time in the junior mile; John Hayes, who won the midget 880 in 2:32.0; Mike Goodson, whose 13'5 3/4" effort took the midget long jump; and Larry Golan, who jumped 4'4" for a new district record in the

midget high jump. Will O'Connell won the long jump with a 17'1 1/2" leap.

### More Winners

Craig Laird won the bantam 880 in 2:47, while Brook Ellis won the girls' bantam 880 in 2:55. The winning Randolph relay teams were: girls' junior 440, Wanda Golan, Rhona St. Clair, Diane Hayes and Pam Greer Greer, in 57.0; girls' midget 440, Amy Arkebauer, Taryn Barnes, Carey Schlinder, in 60.7.

Gangemi's winning time in the junior 100 was 11.9 seconds, and his throw in the shot was 40'2 1/2", a new district record. Wanda Golan ran a 12.8-second 100, and turned in a 4'5" winning high jump.

Tanya Smolin's three record-setting finishes were: 12.8 seconds in the 50, 14'5" in the long jump, and 4'11 1/2" in the high jump. Taryn Barnes ran a 6.9-second 50 for her gold medal.

Jamauh Winston turned in a 7.1-second 50 to win in the bantam division, and a 13.6-second 100.

Other Randolph finishers were: Drury, third in junior mile; O'Connell, second in junior high jump; Gangemi, second in junior triple jump; Golbins, second in girls' junior shot; Schlikes, second in midget 50 and 100; Tummey, second in midget shot; Smith, second in girls midget 880; Huber, third in girls' midget shot; Burney, third in boys' bantam long jump; and Ellis, second in girls' bantam standing long jump.

The Lakeland League championships, rained out last Sunday, have been rescheduled for this Sunday, at Morris Hills High School, starting at 1 p.m.

# Smolin leads juniors.

DENVILLE — Tanya Smolin, Nick Gangemi and Wanda Golan were all multiple winners for Randolph in District I of the 1979 Junior Olympics held Friday at Morris Catholic High School.

Smolin won three events, shattering the previous records

in all of them. The sixth-grader from Shongum School in Randolph cleared the high jump bar at 4-11½ to easily win the event in the Midget (10-11 year old) Division. She also took the long jump and 100 yard dash.

Gangemi was victorious in the 100 (11.9) and the shot put (40-2½) in the Junior Division (12-13 year-olds). Golan also won a pair of events — the 100 (12.8) and the Junior high jump (4-5).

Other winners in the Junior Division were Chris Burrows (Denville, boys' 440, 58.5), Diane Hayes (Randolph, girls' 440, 68.7), John Lodato (Denville, boys' mile, 5:11.2), Lisa Ellis (Randolph, girls' mile, 5:20), Nadine Saltis (Hopatcong, girls' shot, 29-1¼), Will O'Connell (Randolph, boys' long jump, 17-1½), Ilze Golbins (Randolph, girls' long jump, 14-5¼) and Dave Peer (Denville, boys' high jump, 5-2).

Gold Medalists in the Midget Division were Robbie Rosone (Mt. Olive, boys' 50 and 100, 6.7 and 12.9 respectively), Taryn

Barnes (Randolph, girls' 50, 6.9), John Hayes (Randolph, boys' 880, 2:32), Chris Manganello (Denville, girls' 880, 2:40), John Swenty (Denville, boys' shot, 31-9¼), Jennifer Barnes (Mountain Lakes, girls' shot, 24-5), Mike Goodson (Randolph, boys' long jump, 13-5¼) and Larry Golan (Randolph, boys' high jump, 4-4).

In the Bantam Division (9 years and under), Jamauh Winston of Randolph and Mary Farkas of Denville each won two events. Winston finished first in the boys' 50 (7.1) and 100 (13.6). Farkas won the girls' 50 (7.4) and 100 (14.2). Craig Laird (Randolph, boys' 880, 2:47), Brook Ellis (Randolph, girls' 880, 2:55), Scott Conser (Mt. Olive, boys' long jump, 12-11½) and Lynn Powers (Mt. Olive, girls' standing long jump, 6-5½) were winners as well.

The champions in this meet move on to the state Junior Olympics on Saturday, June 16, at 10 a.m. in Cranford, where state champions will be declared.



(David J. George photo)

A BACKWARDS LEAP in the high jump earned a district record in the midget division of Friday's District I Junior Olympics for Randolph's Tanya Smolin, who cleared 4'11". She also set district marks with a 14'5" long jump and a 12.8-second 110-yard-dash.



**A WINNER'S INTENSITY** showing on his face, Jamaiah Winston wins the bantam-division 100-yard-dash at last Friday's District I Junior Olympics on the Morris Catholic High School track. Jamaiah also won the boys' bantam 50, and qualified for next Saturday's state Junior Olympics, as did a crowd of other local athletes. It was a

(David J. George photo)  
big week for local track, as four varsity boys, the most ever from Randolph, qualified in the state's Group III competition Saturday for the Meet of Champions in Princeton today. Rena Antanelis of the girls' team also made it to the state finals. For stories and more pictures, see the sports pages.

# Individual Triumphs Abound As Midget Tracksters Run Away With League Meet

The talk among Randolph's rueful opponents at the Lakeland League midget track championships at Morris Hills High School Sunday was that they should put the track Bulldogs in some other league, or maybe in a league by themselves.

Randolph was surely in a league by itself Sunday: the tracksters far outpointed their opponents in two of three divisions, compiling a 417 score to submerge runnerup Denville by exactly 100 points. The trailing teams were Bernards, with 195, Hopatcong, with 140, Mount Olive, with 119, Rockaway Township, with 108, Mountain Lakes, with 94, Harding, with 52, Mt. Arlington, with 37, Mendham, with 15 1/2, and Boonton, with 8.

The 9-10-year-olds from Randolph outscored Denville, 137-107.; the 11-12-year-olds swamped Denville, 182-77 1/2; and the 13-14-year-olds came in second, gaining 99 points to Denville's 133.

## 9-10 Winners

Individual first-places in the 9-10 age-group went to Mike Goodson, whose 13'6" effort in the long jump set a league record, and Taryn Barnes, who leaped 12'1 1/2" in the girls' long jump.

Jamau Winston took second in the boys' 50-yard-dash with a 7-second finish, and placed fifth in the 200 in 30.7 seconds, as Matt Hayford was second in 30.5. Craig Laird took a fifth in the mile, in 6:03.

Todd Aber was second in the shot put, with a 24'8 1/4" heave, while Mike Goodson's 22' 7 1/2" effort placed

fifth in that event. Aber placed fifth in the long jump, achieving 11' 9".

Carey Schlinder was third in the girls' 50, in 7.2 seconds, and fourth in the shot, putting it 21' 10 3/4". Taryn Barnes's 31.7-second finish placed second in the 200, and Brook Ellis's 6:12.6 time was a second place in the mile. Maureen Woods came in third in the long jump covering 11' 1 1/2".

The boys' 400 relay entry of Winston, Aber, Goodson and Hayford placed second in 58.8 seconds, while the girls won the 400 relay in 61.4 seconds, a league record now held by Woods, Barnes, Schlinder and Michelle Goodson.

Larry St. Clair, Craig Laird, Sherrod Burney and Hayford placed second in the boys' 800 relay with a 2:05.1-second time, while the girls' 800 relay entry won in 2:09, a league record shared now by Woods, Barnes, Schlinder and Goodson.

Randolph won the boys' shuttle relay in 57.8 seconds, a league record that Aber, Burney, Goodson, Laird, St. Clair, Mike Bolan, Chris Walls and Derron Henderson can now claim.

Randolph's girls' shuttle squad, Jenny Aboin, Danielle Borelli, Michelle Goodson, Maureen Woods, Courtney Cashiell, Dawn Scalia, Heather Cavanaugh and Beth Bolan, turned in a 60.3-second time, good for second place.

## 11-12 Triumphs

In the 11-12-age-group, Joe Gangemi won the shot

by achieving 39'9", and took the 75-yard-dash in 9.6 seconds, while Chris Shilakes placed second for the Rams in 9.9 seconds. Gangemi got a third first in the long jump, 14'10 1/2". John Hayes took the mile in 5:23.4, as Randy Valentine got a third in 5:34.8. Valentine's 2:33.5 effort in the 800 was also good for a third.

Tony Azzolino's 29.4-second 200 placed him fourth, and Shilakes collected a second in the 400, running it in 65.5 seconds.

Tanya Smolin won the long jump in 14 with a 14'1", league record leap, and also set a league record with a second finish in the 400. She placed second in the 75 in 0.9, just ahead of Rhona St. Clair, whose 9.9 seconds took third. St. Clair was second in the 800, in 29.6 seconds, as Amy Arkebauer placed third in 30.7.

Jenny Ellis won the mile in 5:45.9, and placed second in the 800 in 2:41.2. Cathy Smith took a second in the mile, finishing in 5:47.7.

Tressy Burney's 29'0 1/2" heave earned her second in the shot, as Jeannie Huber took a fifth in that event with a 24' contribution.

Dean Malecki got a third in the boys' long jump, with a leap of 13'6".

The boys' medley relay team won in league-record time, 1:58.9, that mark going to Gangemi, Tony Azzolino, Malecki and Shilakes.

The girls' medley relays also set a league-record, 2:03.9, in winning. That triumph went to Smolin, St. Clair, Terry Gnatz and Lisa

Gnatz.

## 13-14 Scores

The 13-14-year-old competition saw a first-place effort in the shot by Nick Gangemi, who put it 37'10". Diane Hayes won the girls' 400 in 65.8, and Wanda Golan tied for first in the 200 with Missy Kelly of Harding, both finishing in 28.8. Elze Gobins won the long jump with a 14'5" best try.

Jim Bauer placed third in the boys' 200, running a 28.4-second race.

Lisa Ellis was second in the 800, in 2:27.6, and second again in the mile, in 5:24, as she trailed Bernards' Meg Waldron in both races. Penny Greer tied for sixth in the 200, in 30.2 second, and Elze Gobins placed fifth in the shot with a 24'7" heave.

Jim Bauer's 15' 5 3/4" was good for second in the long jump.

The girls' 400 relay team of Wanda Golan, Penny Greer, Diane Hayes and Terry Nuss won in 54.8 seconds. The boys' 800 relayers, Nick Gangemi, Roland Rooney, Jim Bauer and Lee Bundy, placed third in 1:53.1.





(Steve Sennert photo)  
**ARMS OUT AND TEETH BARED, Jim Bauer leaps to second place in the 11-12 boys' long jump at the Lakeland League championships at Morris Hills in Rockaway Sunday.**



(Steve Sennert photo)

**RHONA ST. CLAIR** got some coaching from her father, Larry, in starting technique before the 11-12-age-group sprint events at Sunday's league championships. It may

well have helped: Rhona took a second in the 200, a third in the 75.

# Randolph Rules Lakeland Track

**ROCKAWAY** — Randolph continues to dominate the action in the Lakeland Junior Track and Field League. Although it had no track on which to run meets this season, Randolph put together a team which kept alive its string of victories in league championship competition.

The champions racked up a margin of more than 100 points in the 11-12 year old class, 182-77½, over Denville. The winners also held a 136-107 edge in the 9-10 class. Denville was the big scorer in 13-14 with a 133-99 edge over Randolph. Complete totals gave Randolph a 417-317 victory.

Joe Gangemi was the big winner in 11-12 competition for Randolph taking the 75, shot put and long jump. Other champs for the team titlists in that age group were John Hayes and Jenny Ellis in the mile and Tanya Smolin in the 400 and long jump.

Mount Olive's Robbie Rosone put on a good show in the 9-10 competition with records in the 50 and 75. Denville's Dave Peer won the 13-14 category in the 100 and 200 while Meg Waldron ran away with titles in the 800 and mile for Bernardsville.

Kai Toomsoo was also a double winner for Mt. Olive, winning the 11-12 75 and 200.

## LAKELAND JUNIOR TRACK CHAMPIONSHIPS Team Scores

Randolph 417, Denville 317, Bernardsville 195, Hopatcong 140, Mt. Olive 119, Rockaway Twp. 108, Mt. Lakes 94, Harding Twp. 52, Mt. Arlington 37, Mendham 15½, Boonton Twp. 8.

### 9-10 Year Olds

B-50 — 1. Robbie Rosone (MO) 6.7', 2. Winston (Ran) 7.0, 3. Burney (Ran) 7.2.

G-50 — 1. Chris Ryan (RT) 7.1, 2. Massotti (MO) 7.1, 3. Schindler (Ran) 7.2.

B-200 — 1. Rosone (MO) 29.5', 2. Burrier (Den) 29.9, 3. Wolf (ML) 30.5.

G-200 — 1. Massotti (MO) 31.0, 2. Barnes (Ran) 31.7, 3. Hinman (Bern) 31.8.

B-Mile — 1. Jim Gibson (ML) 5:46.2, 2. Friedman (ML) 5:52, 3. Beckwith (Ber) 5:52.5.

G-Mile — 1. Tracy Hinman (Ber) 5:54.3', 2. Ellis (Ran) 6:12.6, 3. Laregina (Hop) 6:19.1.

B-Shot — 1. Bob DeFlumeri (Den) 25-4½, 2. Aber (Ran) 28-4, 3. Melendez (Den) 23-11½.

Long Jump — 1. Mike Goodson (Ran) 13-6', 2. Rosone (MO) 13-2½, 3. Scott Conser (MO) 12-0½.

B-400 Relay — 1. Denville 58.7, 2. Randolph 58.8, 3. Mt. Olive 60.0.

G-400 Relay — 1. Randolph 61.4', 2. Denville 62.8, 3. Hopatcong 63.2.

B-800 Relay — 1. Denville 2:04.2', 2. Randolph 2:05.1, 3. Hopatcong 2:07.5.

G-800 Relay — 1. Randolph 2:09', 2. Mt. Olive 2:11.1, 3. Denville 2:14.9.

B-Shuttle — 1. Randolph 57.8', 2. Mt. Olive 58.2, 3. Denville 59.4.

G-Shuttle — 1. Denville 59.7', 2. Randolph 1:00.3, 3. Mt. Olive 1:00.9.

### 11-12 Year Olds

B-75 — 1. Joe Gangemi (Ran) 9.6, 2. Hoffman (ML) 9.7, 3. Shilakes (Ran) 9.9.

G-75 — 1. Kai Toomsoo (MO) 9.9, 2. Smolin (Ran) 9.9, 3. St. Clair (Ran) 9.9.

B-200 — 1. Glenn Hoffman (ML) 28.2, 2. Beckwith (Ber) 28.4, 3. Arbor (Den) 29.1.

G-200 — 1. Toomsoo (MO) 28.8, 2. St. Clair (Ran) 29.6, 3. Bellucci (MA) 29.9.

B-400 — 1. Tom Beckwith (Ber) 1:04.3, 2. Shilakes (Ran) 1:05.5, 3. Arbor (Den) 1:06.5.

G-400 — 1. Tanya Smolin (Ran) 1:05.4', 2. Troshin (Ber) 1:07.2, 3. Manganello (Den) 1:07.9.

B-800 — 1. Mike Morris (Har) 2:28.5', 2. Baumgarten (Ber) 2:30.8, 3. Valentine (Ran) 2:33.5.

G-800 — 1. Jody McCain (Ber) 2:40.1, 2. Ellis (Ran) 2:41.2, 3. Sikora (Ber) 2:42.5.

B-Mile — 1. John Hayes (Ran) 5:23.4, 2. Leonard (RT) 5:23.8, 3. Valentine (Ran) 5:34.8.

B-Shot — 1. Gangemi (Ran) 39-9, 2. Beckwith (Ber) 37-8, 3. Morris (Har) 35-10.

G-Shot — 1. Fernandez (RT) 31-2, 2. Burney (Ran) 29-8, 3. Leon (Hardin) 27-0.

B-Long Jump — 1. Gangemi (Ran) 14-10½, 2. Arbor (Den) 13-6, 3. Malecki (Ran) 13.6.

G-Long Jump — 1. Smolin (Ran) 14-1, 2. Keenan (Den) 13-0, 3. Larsen (Den) 12-11.

B-Medley — 1. Randolph 1:58.9', 2. Mt. Lakes 2:00.8, 3. Bernards 2:03.7.

G-Medley — 1. Randolph 2:03.9', 2. Denville 2:04.6, 3. Hopatcong 2:09.5.

### 13-14 Year Olds

B-100 — 1. Dave Peer (Den) 11.6, 2. Burrows (Den) 11.9, 3. Loven (Hop) 12.4.

G-100 — 1. Chris Lopocaro (RT) 12.9, 2. Golan (Ran) 13.0, 3. Kelly (Har) 13.0.

B-200 — 1. Peer (Den) 26.1, 2. Richter (Den) 27.0, 3. Sayer (Den) 28.4.

G-200 — 1. (tie) Missy Kelly (RT) and Wanda Golan (Ran) 28.8, 3. Lopocaro (RT) 29.4.

B-400 — 1. Chuck Burrows (Den) 57.1, 2. Hinman (Bern) 57.5, 3. McElroy (Den) 57.7.

G-400 — 1. Diane Hayes (Ran) 1:05.8, 2. Meir (Ber) 1:07, 3. Majewski (Den) 1:08.7.

B-800 — 1. Mike Hinman (Ber) 2:18.1, 2. Blanchet (Ber) 2:20.2, 3. Pellingier (Hop) 2:23.8.

G-800 — 1. Meg Waldron (Ber) 2:22, 2. Ellis (Ran) 2:27.6, 3. Homan (Hop) 2:41.7.

B-Mile — 1. Chris Blanchet (Ber) 4:55.7', 2. Stogrin (Ber) 4:57, 3. Lodato (Den) 5:09.6.

G-Mile — 1. Waldron (Ber) 5:14.3', 2. Ellis (Ber) 5:24, 3. Meyer (Ber) 5:45.

B-Shot — 1. Nick Gangemi (Ran) 37-10, 2. Burrows (Den) 34-2½, 3. Smith (Hop) 33-6½.

G-Shot — 1. Metz (Den) 27-8½, 2. Uhrig (ML) 25-10, 3. Soltis (Hop) 25-4.

B-Long Jump — 1. Peer (Den) 16-10¼, 2. Bauer (Ran) 15-9¼, 3. Jurrissen 15-2.

G-Long Jump — 1. Eliz Gobins (Ran) 14-5, 2. Heissenbuttel (ML) 14-0, 3. Kelly (Har) 13-4½.

B-800 Relay — 1. Denville 1:44.5, 2. Rockaway Twp. 1:52.9, 3. Randolph 1:53.1.

G-800 Relay — 1. Randolph 54.8, 2. Rockaway Twp. 55.9, 3. Hopatcong 57.4.



## 'Area's Best' Midget Track Team Honors Volunteers

# Eleven Take Honors In Junior Olympics

Last Saturday's New Jersey AAU Junior Olympics track and field competition at Cranford saw 11 Randolph athletes win as many as three medals apiece, setting two new Randolph midget track records in the process.

In the boys' Division, for 12-13-year-olds, Nick Ganemi placed fourth in the 100 yard dash with a time of 12 seconds flat and took a silver medal for second in the shot put, where his best throw was 38'8".

In the girls' Junior Division, Lisa Ellis's 5:24.3 performance in the mile won a silver medal, while Diane Hayes set a team record in placing fourth in the 440, with a time of 65 seconds.

Also, Elze Gobins took fourth in the four hundred

a best effort of 13'11 3/4", and Wanda Golan's 4'9" leap won fourth in the high jump. And the girls' 880 relay entry, Penny Greer, Diane Hayes, Rhona St. Clair and Wanda Golan, placed fourth in their race.

Medals in the Midget Division for 10-11-year-olds went to John Hayes, who placed second and set a team record of 2:31 in the 880, and Mike Goodson, whose 13' 1/4" effort was good for third in the long jump.

Tanya Smolin grabbed three medals — two golds and one third-place bronze — for winning the long jump with a 14'4 3/4" leap, topping all high jumpers by going 4'6" and placing third in the 100 yard dash with a 12.5-second time.

Also, the girls' midget 440

relay squad of Amy Arkebauer, Taryn Barnes, Maureen Woods and Carey Schlinder placed third in 59.1 seconds.

Jamaiah Winston took two places in the Bantam Division for nine-year-olds and under, placing third in the 100 yard dash with a 13.6-second time and fourth in the 50, running that race in 7.3 seconds. Craig Laird was second in the 880, in 2:43 seconds.

In the girls' division, Brooke Ellis was edged out of first by a hairs-breadth in the 880, taking a silver medal instead with a time of 2:54.3.

### Coaches Get Thanks

The Junior Olympics drew the curtain on the Randolph midget track program's eighth season, and quite possibly its best.

The team now holds a dual-meet streak of 46 consecutive wins, and has won three Lakeland League championships in a row, five in all during the league's eight years of competition.

Head coach Len Pietrewicz was asked if this was, in fact, the strongest team so far. Well, he said, it compiled "the most points we've ever scored," but "it's hard to judge if it's the strongest. It seems like it, though."

Pietrewicz said he would like to thank the following coaches, and anyone else that helped in making this season a success:

From the 9-10-age-group, head coach Dave Laird and aides Ty Barnes, Mark Hayford, George Latille, Ann Jeffcoat, Jerry Lucas,

Larry St. Clair, Gary Schlinder, Bill Wagner, George Walls, Dick Geisler and George Ferment.

From the 11-12 age-group, head coach Larry Golan and aides Ray Cavanaugh, Jeff Chapman, Al Smolin, Jackie St. Clair and Norm Bundy.

From the 13-14 age-group, head coach John Hayes and aides Jim Ellis and Gerry Goldschein.

"The efforts of these men and women are greatly appreciated," Pietrewicz asserted. "Many long hours he spent organizing a program of this size. Not only have they produced a recreational outlet for our children, but also a program which is renowned for being the best in the area."



**HIGH-JUMPER'S WARMUP** at the New Jersey Junior Olympics Saturday in Cranford include this leg stretch. Pictured is Tanya Smolin, who went on to win the Midget Division , jump and the long jump, and place third in the 100 yard dash. (Steve Sennert photo)



(Steve Sennert photo)

**IT WAS SO CLOSE** it was agonizing, but Randolph's Brooke Ellis got shaded for first place Saturday in the finals of the Bantam Division 880 at the State Junior Olympics.