

2019 Cross Country Committee

Review of the Season

Tuesday, November 26th, 2019

NJSIAA Offices: 9:30am

Minutes

General Agenda Items

- I) **Welcome/Introductions and Comments: Mr. White stopped in to say thank you for all the effort the XC Committee does on behalf of the NJ Student-Athletes.**
- II) **Introductions by all committee members.**
- III) **Sectional Meet Director's reports were discussed. See attachments.**
- IV) **Group & MOC Summaries were given by Ed Colona. See attachments.**
- V) **Mr. Bruno reported out that XC participation numbers are on the rise in NJ. See Attachment.**
- VI) **Coaches Change Sheets for all three meets, Sectionals, Groups and MOC, voted on by the Committee to continue with this new process but we will pilot for one year. On-line roster changes up to and including the night before the three meets. This will be spelled out in the 2020 Rules & Regulations**
- VII) **Sectional, Group and MOC Sites remain the same for 2020 Committee recommendations for next year.**

Committee Recommendations:

- I) **Pre entry of 7 (SEVEN) individuals for the sectionals, groups and MOC, but be permitted to make up to 7 changes the day of the meets provided the athletes are listed on the Mile split team roster by entry date. Coach must make those changes as soon as they arrive at the meet site. Approved !!**
- II) **For group meets only—start time at 9:30am will remain!! Approved!!**
- III) **Continue for group meets only—Awards Ceremony –Present awards by combining the Boys & Girls (example: Group III, boys & girls together) Approved!!**

- IV) The one-year Pilot format for TEAM advancement to the MEET of CHAMPIONS will remain in place. Approved !!
 - a. Top 2 teams from each group automatically advance. (12 total teams)
 - b. Next, the 8 fastest WILDCARD teams will qualify thru a merger process.
 - c. The language regarding advancement for the Team Wildcard will be cleaned up to include head to head as well as team average.

- V) The committee voted to KEEP the number of individual qualifiers from 10 to 15 from the Sectionals to the Group Meets and Medals will be given to 11 thru 15. Approved!!

- VI) Committee was asked to award certificates to the Sectional & Group Winners. Approved.

- VII) The committee voted to continue with the random draw for pole positions.
 - a. The NP's will continue to have this employed at their Group Meet.

- VIII) Discussion about Holmdel Park prohibiting parking on the grass for the future for both the Groups and MOC. Bill will discuss with park supervisor.

- IX) Carl will have boxes painted on the starting line for the Sectionals, Groups & MOC. This will be done for spacing purposes.

- X) Cal brought up an interesting proposal that was approved by the committee to have a sub scoring of the MOC by Sections of the State. Bill will contact MF Athletics to order different colors for each section.

- XI) Discussion about the outstanding water & food drive throughout the cross-country season by our teams. Bill will present to the Executive Board a proposal to continue the food drive at all our sectional sites with the park's approval.

- XII) Due to the issues with some chips malfunctioning at the group meet, three backup measures were discussed. One, bibs with tear offs will be used. Next, two additional cameras will be used at the finish line and Bill will discuss with his timing crews the use of shoes chips.

- XIII) Committee Members congratulated Robert Kellert and Pat Montferrat on the outstanding coverage provided by Mile split.

XC DATES for the Fall of 2020:

Sectionals: 11/7/20 Thompson Park, Greystone, Delsea, Garret Mt.

Groups: 11/14/20 Holmdel Park

MOC: 11/21/20 Holmdel Park

Times & Rotations to be included in the 2020 XC Rules & Regulations that will be posted by 6/20/20

Bills Report to the XC Committee: 11/26/19 @ 9:30am @ the NJSIAA Office.

- **Number of Schools that have XC Teams in NJ. 389, 323 public and 66 nonpublic.**
- **3,629 Student-Athletes Competed in the State Sectional Meets (without the NP's)**
- **We had 1,654 Student- Athletes Compete in the Group Meet (including NP's)**
- **We had 91 Officials work the State Sectionals.**
- **As for the number of roster changes for the sectional meets:**
 - 1) **N 1 @ Garret Mt. 30 changes**
 - 2) **N 2 @ Morris County 64**
 - 3) **CJ @ Thompson Park 49**
 - 4) **SJ @ Delsea Regional 48**
- **Number of roster changes for the Group Meet, including the NP's 77 changes.**
- **Number of roster changes for MOC: 13**
- **Shout out to Cal and the SJ Coaches and Athletes, over 6,300 lbs. of food were donated.**
- **Shout out to Jim Lambert, Robert Kellert, Steve Theobald, Brian Decker and the Shore Coaches for the donation of 525 cases of water for the folks in need in Newark. Chuck Watson of Fulfill was the point of contact. Great job by everyone!!!**

2019 XC Site Directors Reports:

Garret Mt. North I

Victor reported out that all went well with the North I Sectional. He did meet with the parks department five times since August to make sure we were all on the same page.

One improvement will be to ask the park to close the back road that intersects the course or else hire one additional park ranger to control the traffic flow throughout our races.

Morris County Park. North II

Bob is very pleased with the support of the Morris County Parks Department. Each year they have made improvements to the park to make it runner and spectator friendly. No issues to report.

Thompson Park. CJ

John reported that the meet ran smoothly, officials were all on time and aware of their responsibilities. There were no medical issues. Please continue to use Thompson Park.

Delsea Regional HS. SJ

Ed reported all went well. There were no issues. Ed wanted to thank the Delsea Regional Grounds Department for creating a coach's area. He will also ask that the grounds department improve, with flags, paint and cones, the direction the runners are to follow on the course and to keep spectators back from interfering.

Members of the 2020 Cross Country Committee in Attendance.

Dave Pfeifer Len Pietrewicz Pam Willison Chris Carroll John Schwartz Chris Balent
Tim Grant Tim Mooney Chris Monaco Stan Frycznski Victor Wu Chris Callinan
Scott Noonan Chris Lynch Martin Holleran Mike McCabe Bob Byrnes Chris Tafelski
Chris Therstan Joe Gomulka Steve Theobald Ed Colona Pat Montferrat Bill Bruno
Carl Rickershauser Mile Pellegrino