

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
 LEAGUE CHAMPIONSHIP MEET
 RANDOLPH, NJ - Saturday Jun 12, 1993

COMBINED TEAM SCORES

Rank	Team	Score	
1	Randolph	343	* Division I
2	Parsippany	154	* Division I
3	Roxbury	147	* Division I
4	Long Valley	136	* Division I
5	Mount Olive	119	** Division II
6	Hopatcong	68	* Division I
7	Rockaway Boro	52	*** Division III
8	Denville	50.50	*** Division III
9	Mountain Lakes	38	** Division II
10	Madison	23.50	*** Division III
11	Rockaway Township	21	** Division II

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
 LEAGUE CHAMPIONSHIP MEET
 RANDOLPH, NJ - Saturday Jun 12, 1993

GIRLS' TEAM SCORES

Rank	Team	Score
1	Randolph	195
2	Roxbury	101
3	Parsippany	64
4	Long Valley	49
5	Denville	37.50
6	Mountain Lakes	34
7	Hopatcong	25
8	Rockaway Boro	23
9	Mount Olive	21
10	Madison	17.50
11	Rockaway Township	9

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
 LEAGUE CHAMPIONSHIP MEET
 RANDOLPH, NJ - Saturday Jun 12, 1993

BOYS' TEAM SCORES

Rank	Team	Score
1	Randolph	148
2	Mount Olive	98
3	Parsippany	90
4	Long Valley	87
5	Roxbury	46
6	Hopatcong	43
7	Rockaway Boro	29
8	Denville	13
9	Rockaway Township	12
10	Madison	6
11	Mountain Lakes	4

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
 LEAGUE CHAMPIONSHIP MEET
 RANDOLPH, NJ - Saturday Jun 12, 1993

Event 1 Boys 9-10 100 Meter Dash

MEET: 14.30 ERIC MCGORY, LONG VALLEY 1991

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Agee, Jeremy	10	Mount Olive	14.40	8
2	Regner, T.J.	10	Randolph	14.40	6
3	Cifrodelli, Keith	10	Mount Olive	14.60	4
4	Watts, Michael	10	Randolph	14.70	3
5	McClain, Michael	10	Rockaway Boro	14.80	2
6	Monahan, M.	10	Denville	14.90	1

Event 2 Boys 9-10 200 Meter Dash

MEET: 30.10 KEVIN BULLOCK/BILL ENGEL ROX/MO 1990
 NEW RECORD: Agee, Jeremy Mount Olive 30.10

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Agee, Jeremy	10	Mount Olive	30.10	8
2	Parros, Jeff	10	Randolph	32.10	6
3	McClain, Mike	10	Rockaway Boro	32.10	4
4	Medina, Ricky	10	Long Valley	32.40	3
5	Watts, Michael	10	Randolph	32.80	2
6	Pursell, Eddie	10	Parsippany	33.10	1

Event 3 Boys 9-10 400 Meter Run

MEET: 1:08.90 ED JACOBS, MOUNT OLIVE 1990

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Medina, Ricky	10	Long Valley	1:11.80	8
2	Gerry, John	10	Mount Olive	1:13.40	6
3	Parros, Jeff	10	Randolph	1:14.00	4
4	Zagorski, Jeremy	10	Parsippany	1:16.70	3
5	Zagorski, Kyle	10	Parsippany	1:17.20	2
6	Johnson, Courtney	10	Hopatcong	1:18.10	1

Event 4 Boys 9-10 800 Meter Run

MEET: 2:38.40 ED JACOBS, MOUNT OLIVE 1990

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Gerry, John	10	Mount Olive	2:45.10	8
2	Zagorski, Jeremy	10	Parsippany	2:51.50	6
3	Gillen, Michael	10	Parsippany	2:54.90	4
4	Berzenski, Sean	10	Randolph	2:57.60	3
5	Kimmins, Brandon	10	Long Valley	2:57.70	2
6	Perry, Andrew	10	Rockaway Boro	2:59.80	1

Event 5 Boys 9-10 1 Mile Run

MEET: 5:29.40 BILL ENGEL, MOUNT OLIVE 1990

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Monahan, Mike	10	Denville	6:03.70	8
2	Wilson, Timmy	10	Randolph	6:11.70	6
3	Johnson, Courtney	10	Hopatcong	6:12.20	4
4	Kotteles, Alan	10	Rockaway Boro	6:22.60	3
5	Miller, Eric	10	Parsippany	6:22.80	2
6	Pilkington, Shaun	10	Long Valley	6:25.30	1

Event 6 Boys 9-10 4x100 Meter Relay

MEET: 1:00.30 LONG VALLEY 1989

PLACE	RELAY	AFFILIATION	TIME	PTS
1	RAN	Randolph	1:01.20	8
2	MO	Mount Olive	1:01.60	6
3	LV	Long Valley	1:04.80	4
4	PAR	Parsippany	1:04.90	3
5	RB	Rockaway Boro	1:05.40	2
6	HOP	Hopatcong	1:05.80	1

Event 19 Boys 9-10 Shot Put

MEET: 26'10.50" (8.19m) SCOTT BURGESS, DENVILLE 1986

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	McClain, Mike	10	Rockaway Boro	22'05.25" (6.84m)	8
2	Avanzato, Justin	10	Parsippany	22'05.25" (6.84m)	6
3	Wolf, Jake	10	Randolph	21'00.50" (6.41m)	4
4	Denman, Leigh	10	Roxbury	20'11.75" (6.39m)	3
5	Vaughn, Eric	10	Mount Olive	19'07.25" (5.98m)	2
6	Juskus, Ryan	10	Hopatcong	19'04.00" (5.89m)	1

Event 20 Boys 9-10 Long Jump

MEET: 13'06.00" (4.11m) ROCKY CLARK, MADISON 1985

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Agee, Jeremy	10	Mount Olive	12'11.25" (3.94m)	8
2	Regner, T.J.	10	Randolph	11'10.25" (3.61m)	6
3	Zagorski, Kyle	10	Parsippany	11'09.50" (3.59m)	4
4	Parros, Jeff	10	Randolph	11'09.00" (3.58m)	3
5	Gerry, John	10	Mount Olive	11'06.00" (3.51m)	2
6	McGoey, Mark	10	Long Valley	11'02.00" (3.40m)	1

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
LEAGUE CHAMPIONSHIP MEET
RANDOLPH, NJ - Saturday Jun 12, 1993

Event 7 Boys 11-12 100 Meter Dash

MEET: 13.00 PETER PHAN, MADISON 1986
NEW RECORD: McGory, Erick Long Valley 12.90

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	McGory, Erick	12	Long Valley	12.90	8
2	Vaughn, Kevin	12	Mount Olive	13.30	6
3	Cifrodelli, Derek	12	Mount Olive	14.00	4
4	Lublanecki, Mike	12	Long Valley	14.20	3
5	Menard, Rick	12	Madison	14.40	2
6	Lyons, Matt	12	Rockaway Township	14.40	1

Event 8 Boys 11-12 200 Meter Dash

MEET: 27.80 NICK AVALLONE, PARSIPPANY 1987
NEW RECORD: McGory, Erick Long Valley 27.00

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	McGory, Erick	12	Long Valley	27.00	8
2	Cecere, Tom	12	Roxbury	28.20	6
3	Vaughn, Kevin	12	Mount Olive	28.50	4
4	Cifrodelli, Derek	12	Mount Olive	29.50	3
5	Curry, Clarence	12	Parsippany	29.70	2
6	Sink, Jason	12	Hopatcong	30.10	1

Event 9 Boys 11-12 400 Meter Run

MEET: 1:04.10 BILL ENGEL, MOUNT OLIVE 1992
NEW RECORD: Cecere, Tom Roxbury 1:03.70

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Cecere, Tom	12	Roxbury	1:03.70	8
2	Reinhardt, Jake	12	Long Valley	1:07.10	6
3	Strange, Matthew	12	Madison	1:07.70	4
4	Farrell, Brian	12	Mount Olive	1:08.80	3
5	Hey, Ricky	12	Parsippany	1:10.40	2
6	Dolan, Kevin	12	Rockaway Township	1:12.10	1

Event 10 Boys 11-12 800 Meter Run

MEET: 2:20.10 STEVE SLATTERY, MOUNT OLIVE 1992

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Carman, Adam	12	Randolph	2:27.70	8
2	Goglas, Ken	12	Randolph	2:30.70	6
3	Middleton, C.	12	Denville	2:33.70	4
4	Stone, Pat	12	Rockaway Township	2:33.70	3
5	Reinhardt, Jarg	12	Long Valley	2:35.70	2
6	Curry, Clarence	12	Parsippany	2:35.80	1

Event 11 Boys 11-12 1 Mile Run

MEET: 5:14.10 BILL ENGEL, MOUNT OLIVE 1991

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Goglas, Ken	12	Randolph	5:27.90	8
2	Boyett, Brian	12	Parsippany	5:45.30	6
3	Goldberg, Josh	12	Randolph	5:50.20	4
4	Slattery, Patrick	12	Mount Olive	5:54.00	3
5	Stone, Pat	12	Rockaway Township	5:58.70	2
6	Graniteki, Rich	12	Roxbury	5:59.70	1

Event 12 Boys 11-12 4x100 Meter Relay

MEET: 56.50 PARSIPPANY 1987

PLACE	RELAY	AFFILIATION	TIME	PTS
1	MO	Mount Olive	56.90	8
2	LV	Long Valley	57.10	5
2	RAN	Randolph	57.10	5
4	HOP	Hopatcong	59.70	3
5	PAR	Parsippany	1:00.30	2
6	RT	Rockaway Township	1:00.90	1

Event 21 Boys 11-12 Shot Put

MEET: 35'09.00" (10.90m) NICK AVALLONE, PARSIPPANY 1987

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Zayas, Phil	12	Rockaway Boro	33'00.00" (10.06m)	8
2	Farrell, Brian	12	Mount Olive	31'03.50" (9.54m)	6
3	Moraga, Marco	12	Parsippany	29'07.75" (9.04m)	4
4	Smith, Bob	12	Hopatcong	28'02.75" (8.60m)	3
5	Weston, Jim	12	Hopatcong	27'09.00" (8.46m)	2
6	Remond, ED	12	Rockaway Boro	26'11.00" (8.20m)	1

Event 22 Boys 11-12 Long Jump

MEET: 14'05.25" (4.40m) JOE IPPOLITO, ROCKAWAY TOWNSHIP 1991

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Cecere, Tom	12	Roxbury	14'03.00" (4.34m)	8
2	Vaughn, Kevin	12	Mount Olive	13'09.75" (4.21m)	6
3	Samuels, Ben	12	Mountain Lakes	13'06.00" (4.11m)	4
4	Desmond, Chris	12	Randolph	13'04.00" (4.06m)	3
5	Lublanecki, Mike	12	Long Valley	12'11.75" (3.96m)	2
6	Hey, Ricky	12	Parsippany	12'04.50" (3.77m)	1

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
LEAGUE CHAMPIONSHIP MEET
RANDOLPH, NJ - Saturday Jun 12, 1993

Event 13 Boys 13-14 100 Meter Dash

MEET: 11.90 NICK AVALLONE, PARSIPPANY 1989
NEW RECORD: Coleman, Brad Randolph 11.90

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Coleman, Brad	14	Randolph	11.90	8
2	Threlkeld, Wayne	14	Randolph	12.10	6
3	McAlpin, Paul	14	Parsippany	12.60	4
4	Aquillon, Mark	14	Parsippany	12.80	3
5	Yakovlev, Eugene	14	Roxbury	13.00	2
6	Ciborski, Matt	14	Mount Olive	13.00	1

Event 14 Boys 13-14 200 Meter Dash

MEET: 24.70 MARK RUFFOLO, HOPATCONG 1983

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Arends, Chris	14	Randolph	25.10	8
2	Coleman, Brad	14	Randolph	25.20	6
3	Speicher, Kevin	14	Long Valley	25.70	4
4	McAlpin, Paul	14	Parsippany	26.10	3
5	Scott, Matt	14	Hopatcong	27.00	2
6	Tompkins, Steve	14	Roxbury	27.10	1

Event 15 Boys 13-14 400 Meter Run

MEET: 54.90 SCOTT MUTCHLER, ROXBURY 1987

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Arends, Chris	14	Randolph	55.90	8
2	Speicher, Kevin	14	Long Valley	56.80	6
3	Aquillen, Mark	14	Parsippany	58.70	4
4	Scott, Matt	14	Hopatcong	59.20	3
5	Tompkins, Steve	14	Roxbury	59.60	2
6	Steenrod, Jason	14	Randolph	1:00.10	1

Event 16 Boys 13-14 800 Meter Run

MEET: 2:05.00 CHRIS SEIFERT, ROCKAWAY BORO 1991

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Larsen, Charlie	14	Hopatcong	2:13.20	8
2	Daly, Eugene	14	Parsippany	2:20.40	6
3	Ketch, Kevin	14	Roxbury	2:21.70	4
4	Bajek, Larry	14	Long Valley	2:22.10	3
5	Thormann, Robert	14	Parsippany	2:23.20	2
6	Herrigel, Jay	14	Long Valley	2:25.10	1

Event 17 Boys 13-14 1 Mile Run

MEET: 4:53.10 CHRIS SEIFERT, ROCKAWAY BORO 1991

Finals Results

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Larsen, Charlie	14	Hopatcong	5:00.10	8
2	Petouvis, Dan	14	Long Valley	5:01.60	6
3	Daly, Eugene	14	Parsippany	5:13.30	4
4	Bajek, Larry	14	Long Valley	5:20.00	3
5	Smith, Jason	14	Mount Olive	5:21.10	2
6	Maloney, Dave	14	Randolph	5:24.00	1

Event 18 Boys 13-14 4x100 Meter Relay

MEET: 49.20 MOUNT OLIVE 1987

NEW RECORD: Randolph 48.70

PLACE	RELAY	AFFILIATION	TIME	PTS
1	RAN	Randolph	48.70	8
2	PAR	Parsippany	50.50	6
3	HOP	Hopatcong	51.50	4
4	LV	Long Valley	52.10	3
5	ROX	Roxbury	53.10	2
6	RT	Rockaway Township	53.30	1

Event 23 Boys 13-14 Shot Put

MEET: 48'11.50" (14.92m) MARK TALMAGE, HOPATCONG 1992

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Tobias, Mike	14	Roxbury	41'02.25" (12.55m)	8
2	Threlkeld, Wayne	14	Randolph	39'01.00" (11.91m)	6
3	Kimmins, Ryan	14	Long Valley	38'08.25" (11.79m)	4
4	Reingardt, Eric	14	Rockaway Township	37'01.50" (11.32m)	3
5	Wilson, Brian	14	Hopatcong	36'00.25" (10.98m)	2
6	McAlpin, Paul	14	Parsippany	35'05.00" (10.80m)	1

Event 24 Boys 13-14 Long Jump

MEET: 20'00.00" (6.10m) RUSSELL BUCHMANN, DEVNILLE 1992

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Arends, Chris	14	Randolph	17'09.50" (5.42m)	8
2	Aguillon, Mark	14	Parsippany	17'03.50" (5.27m)	6
3	Turelkeld, Wayne	14	Randolph	17'01.75" (5.23m)	4
4	Speicher, Kevin	14	Long Valley	17'00.25" (5.19m)	3
5	Patel, Ankil	14	Parsippany	15'06.25" (4.73m)	2
6	Yakovcey, Eugene	14	Roxbury	15'04.50" (4.69m)	1

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
 LEAGUE CHAMPIONSHIP MEET
 RANDOLPH, NJ - Saturday Jun 12, 1993

Event 25 Girls 9-10 100 Meter Dash

MEET: 14.50 AMBER WILLIAMS, ROXBURY 1992
 NEW RECORD: Williams, Amber Roxbury 14.20

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Williams, Amber	10	Roxbury	14.20	8
2	Wideberg, Erica	10	Randolph	15.00	6
3	Sebastian, Katie	10	Denville	15.50	4
4	Welter, Jamie	10	Denville	15.50	3
5	Bruggink, Caroline	10	Mountain Lakes	15.70	2
6	Zabriskie, Melissa	10	Hopatcong	15.80	1

Event 26 Girls 9-10 200 Meter Dash

MEET: 30.80 AMY GRABOW, MOUNTAIN LAKES 1985

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Wideberg, Erica	10	Randolph	32.20	8
2	Cromartie, Shari	10	Roxbury	32.30	6
3	Sebastian, Katie	10	Denville	32.90	4
4	Vandenberg, Breanne	10	Randolph	32.90	3
5	Odell, Leigh	10	Madison	33.70	2
6	Welter, Jamie	10	Denville	33.70	1

Event 28 Girls 9-10 400 Meter Run

MEET: 1:13.30 MEGAN MCDONALD, ROXBURY 1991
 NEW RECORD: Williams, Amber Roxbury 1:09.40

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Williams, Amber	10	Roxbury	1:09.40	8
2	Cromartie, Shari	10	Roxbury	1:13.10	6
3	Cook, Taylor	10	Randolph	1:15.20	4
4	Pargallo, Jacklyn	10	Rockaway Boro	1:18.00	3
5	Fagersten, Rachael	10	Hopatcong	1:18.80	2
6	Fornaro, Johanna	10	Madison	1:19.10	1

Event 29 Girls 9-10 800 Meter Run

MEET: 2:46.10 LAUREN AVALLONE, LONG VALLEY 1991

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Sarinelli, Lisa	10	Rockaway Boro	2:56.30	8
2	Bewalder, Elizabeth	10	Roxbury	2:57.50	6
3	Fagersten, Rachael	10	Hopatcong	2:58.60	4
4	Gillen, Maureen	10	Parsippany	2:58.80	3
5	Huston, Marissa	10	Randolph	3:00.20	2
6	Fornaro, Johanna	10	Madison	3:02.90	1

Event 30 Girls 9-10 1 Mile Run

MEET: 6:04.30 BETH JONES, RANDOLPH 1991

NEW RECORD: Drymon, Heather Roxbury 6:03.00

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Drymon, Heather	10	Roxbury	6:03.00	8
2	Vandenberg, Breanne	10	Randolph	6:26.10	6
3	Geibel, Michaela	10	Madison	6:33.60	4
4	Lynch, Shannon	10	Long Valley	6:35.20	3
5	Armitt, Breanne	10	Rockaway Township	6:35.30	2
6	Keyser, Kristina	10	Parsippany	6:38.70	1

Event 31 Girls 9-10 4x100 Meter Relay

MEET: 1:00.50 RANDOLPH 1991

PLACE	RELAY	AFFILIATION	TIME	PTS
1	ROX	Roxbury	1:03.40	8
2	DEN	Denville	1:03.40	6
3	RAN	Randolph	1:03.90	4
4	MAD	Madison	1:03.90	3
5	LV	Long Valley	1:07.70	2
6	RT	Rockaway Township	1:07.90	1

Event 44 Girls 9-10 Shot Put

MEET: 23'11.25" (7.30m) JODY ARENDS, RANDOLPH 1991

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Hager, Marget	10	Randolph	18'00.50" (5.50m)	8
2	Manning, Ellen	10	Rockaway Township	17'02.50" (5.25m)	6
3	Schlick, Ann Marie	10	Mount Olive	16'03.75" (4.97m)	4
4	Fernandes, Sara	10	Hopatcong	16'02.50" (4.94m)	3
5	Bodie, Rebecca	10	Rockaway Boro	15'10.00" (4.83m)	2
6	Hogen, Janelle	10	Rockaway Boro	15'07.00" (4.75m)	1

Event 45 Girls 9-10 Long Jump

MEET: 12'02.50" (3.72m) LAUREN WATERS, RANDOLPH 1989

NEW RECORD: Sebastian, Katie Denville 12'09.25" (3.89m)

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Sebastian, Katie	10	Denville	12'09.25" (3.89m)	8
2	Williams, Amber	10	Roxbury	12'06.75" (3.83m)	6
3	Welter, Jamie	10	Denville	11'09.50" (3.59m)	4
4	Zabriskie, Melissa	10	Hopatcong	11'05.00" (3.48m)	3
5	Bruggiuk, Caroline	10	Mountain Lakes	11'03.00" (3.43m)	2
6	Brady, Katie	10	Randolph	10'07.00" (3.23m)	1

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
LEAGUE CHAMPIONSHIP MEET
RANDOLPH, NJ - Saturday Jun 12, 1993

Event 32 Girls 11-12 100 Meter Dash

MEET: 13.60 HEATHER CRAWFORD, MOUNTAIN LAKES 1992

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Neupert, Katie	12	Randolph	13.70	8
2	Londergan, Megan	12	Parsippany	13.70	6
3	Gaspercik, Erica	12	Roxbury	14.00	4
4	Coffey, Leslie	12	Mountain Lakes	14.20	3
5	Zamar, Michelle	12	Randolph	14.40	2
6	Garcia, Kimberly	12	Parsippany	14.40	1

Event 33 Girls 11-12 200 Meter Dash

MEET: 28.50 AMY GRABOW, MOUNTAIN LAKES 1987

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Neupert, Katie	12	Randolph	29.00	8
2	Londergan, Megan	12	Parsippany	29.60	6
3	Daly, Megan	12	Randolph	29.80	4
4	Gaspercik, Erica	12	Roxbury	30.10	3
5	Coffey, Leslie	12	Mountain Lakes	30.40	2
6	Nedo, Heather	12	Rockaway Boro	30.40	1

Event 34 Girls 11-12 400 Meter Run

MEET: 1:02.60 AMY GRABOW, MOUNTAIN LAKES 1987

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Jones, Beth	12	Randolph	1:08.10	8
2	Lucia, Tina	10	Randolph	1:09.00	6
3	Flora, Robin	12	Parsippany	1:10.20	4
4	Wallace, Leigh	12	Roxbury	1:11.00	3
5	Avallone, Lauren	12	Long Valley	1:11.80	2
6	Fitzpatrick, Katie	12	Mountain Lakes	1:13.90	1

Event 35 Girls 11-12 800 Meter Run

MEET: 2:32.40 KRISTIN SHEAVES, ROCKAWAY TOWNSHIP 1989

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Avallone, Lauren	12	Long Valley	2:35.00	8
2	McDonald, Megan	12	Roxbury	2:35.40	6
3	Hindenlang, Alison	12	Randolph	2:41.70	4
4	Boyett, Jennifer	12	Parsippany	2:42.50	3
5	Wallenstein, Michelle	12	Parsippany	2:44.00	2
6	Stockdale, Danielle	12	Randolph	2:44.70	1

Event 36 Girls 11-12 1 Mile Run

MEET: 5:42.40 STEPHANIE SNYDER, RANDOLPH 1992

NEW RECORD: Jones, Beth Randolph 5:28.70

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Jones, Beth	12	Randolph	5:28.70	8
2	Drymon, Zillah	12	Roxbury	5:42.00	6
3	Sikora, Sherry	12	Roxbury	5:53.90	4
4	Willersdorf, Megan	12	Randolph	5:59.20	3
5	Herost, Marianne	12	Mount Olive	6:06.30	2
6	Boyett, Jennifer	12	Parsippany	6:21.80	1

Event 37 Girls 11-12 4x100 Meter Relay

MEET: 55.50 RANDOLPH 1992

PLACE	RELAY	AFFILIATION	TIME	PTS
1	RAN	Randolph	55.90	8
2	PAR	Parsippany	57.20	6
3	ROX	Roxbury	57.80	4
4	LV	Long Valley	59.30	3
5	MO	Mount Olive	1:02.70	2
6	ML	Mountain Lakes	1:02.80	1

Event 46 Girls 11-12 Shot Put

MEET: 32'06.50" (9.92m) JODY ARENDS, RANDOLPH 1992

NEW RECORD: Arends, Jody Randolph 34'04.00" (10.46m)

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Arends, Jody	12	Randolph	34'04.00" (10.46m)	8
2	Raupp, Anna	12	Long Valley	30'04.50" (9.26m)	6
3	Daly, Megan	12	Randolph	27'05.00" (8.36m)	4
4	Scheffler, Katie	12	Parsippany	21'11.50" (6.69m)	3
5	Azzarelli, Francesca	12	Mount Olive	21'09.75" (6.65m)	2
6	Bevorwyk, Jessica	12	Mountain Lakes	19'09.75" (6.04m)	1

Event 47 Girls 11-12 Long Jump

MEET: 13'08.00" (4.17m) CARLA DEBIASI, ROXBURY 1984

NEW RECORD: Neupert, Katie Randolph 14'03.50" (4.36m)

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Neupert, Katie	12	Randolph	14'03.50" (4.36m)	8
2	Lucia, Katie	10	Randolph	13'07.50" (4.15m)	6
3	Raupp, Anna	12	Long Valley	12'04.75" (3.78m)	4
4	Nedo, Heather	12	Rockaway Boro	12'03.00" (3.73m)	3
5	Tutschek, Elizabeth	12	Mountain Lakes	12'00.50" (3.67m)	2
6	Lonergan, Megan	12	Parsippany	11'06.50" (3.52m)	1

1993 LAKELAND JUNIOR TRACK & FIELD LEAGUE
LEAGUE CHAMPIONSHIP MEET
RANDOLPH, NJ - Saturday Jun 12, 1993

Event 38 Girls 13-14 100 Meter Dash

MEET: 12.90 KERRY KIRKLAND/COLBY CARRIER MO/ML 1992

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Waters, Lauren	14	Randolph	13.00	8
2	Gallop, Alison	14	Roxbury	13.00	6
3	Carrier, Colby	14	Mountain Lakes	13.10	4
4	Friedman, Laura	14	Randolph	13.50	3
5	Fransen, Kristen	14	Hopatcong	13.50	2
6	Kotteles, April	14	Rockaway Boro	13.60	1

Event 39 Girls 13-14 200 Meter Dash

MEET: 27.10 CONNIE LOBB/LAUREN WATERS ROX/RAN 1992
NEW RECORD: Quaintance, Samara Randolph 26.50

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Quaintance, Samara	14	Randolph	26.50	8
2	Waters, Lauren	14	Randolph	27.30	6
3	Gallop, Alison	14	Roxbury	28.30	4
4	Carrier, Colby	14	Mountain Lakes	28.30	3
5	Kotteles, April	14	Rockaway Boro	28.70	2
6	Strange, Melinda	14	Madison	28.80	1

Event 40 Girls 13-14 400 Meter Run

MEET: 1:00.10 AMY GRABOW, MOUNTAIN LAKES 1988
NEW RECORD: Quaintance, Samara Randolph 59.10

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Quaintance, Samara	14	Randolph	59.10	8
2	Irwin, Audra	14	Hopatcong	1:03.70	6
3	Crawford, Jill	14	Madison	1:05.40	3.50
3	Edwards, Kerry	14	Denville	1:05.40	3.50
5	Mehta, Nidhi	14	Rockaway Boro	1:07.70	2
6	Hall, Courtney	14	Parsippany	1:07.90	1

Event 41 Girls 13-14 800 Meter Run

MEET: 2:22.70 JAN BLAKE, DENVILLE 1988

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Long, Rebecca	14	Parsippany	2:31.50	8
2	Corsa, Alisa	14	Mount Olive	2:32.10	6
3	Edwards, K.	14	Denville	2:35.50	4
4	Berlamino, Lauren	14	Parsippany	2:36.30	3
5	Mihalik, Amy	14	Mount Olive	2:40.30	2
6	Tapkas, Kelly	14	Long Valley	2:41.20	1

Event 42 Girls 13-14 1 Mile Run

MEET: 5:14.30 MEG WALDRON, BERNARDSVILLE 1979

PLACE	ATHLETE NAME	AGE	TEAM	TIME	PTS
1	Snyder, Stephanie	14	Randolph	5:20.10	8
2	Long, Rebecca	14	Parsippany	5:47.10	6
3	Butler, Mari-Anne	14	Long Valley	5:47.60	4
4	Khlyavich, Evie	14	Randolph	5:49.50	3
5	Primavera, Kim	14	Mount Olive	5:50.60	2
6	Berlamino, Lauren	14	Parsippany	5:56.00	1

Event 43 Girls 13-14 4x100 Meter Relay

MEET: 52.90 RANDOLPH 1992

NEW RECORD: Randolph 51.80

PLACE	RELAY	AFFILIATION	TIME	PTS
1	RAN	Randolph	51.80	
2	ML	Mountain Lakes	53.90	6
3	LV	Long Valley	55.50	4
4	HOP	Hopatcong	55.70	3
5	ROX	Roxbury	56.00	2
6	MO	Mount Olive	57.20	1

Event 48 Girls 13-14 Shot Put

MEET: 33'06.00" (10.21m) KARIN SCHWARZ, MOUNTAIN LAKES 1987

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Breuder, Jessica	14	Long Valley	26'11.00" (8.20m)	8
2	Letsche, Maggie	14	Parsippany	25'02.25" (7.68m)	6
3	Avallone, Jennifer	14	Long Valley	25'00.25" (7.63m)	4
4	Palermo, Laura	14	Randolph	24'11.50" (7.61m)	3
5	Scala, Sara	14	Parsippany	24'09.75" (7.56m)	2
6	Barton, Kim	14	Hopatcong	23'04.50" (7.12m)	1

Event 49 Girls 13-14 Long Jump

MEET: 16'04.75" (5.00m) TANYA SMOLIN, RANDOLPH 1980

PLACE	ATHLETE NAME	AGE	TEAM	MARK	PTS
1	Quaintance, Samara	14	Randolph	16'02.00" (4.93m)	8
2	Finnerty, Scotti	14	Mountain Lakes	15'02.50" (4.64m)	6
3	Waters, Lauren	14	Randolph	14'11.50" (4.56m)	4
4	Gallop, Alison	14	Roxbury	14'06.00" (4.42m)	3
5	Strange, Melinda	14	Madison	14'02.00" (4.32m)	2
6	Carrier, Colby	14	Mountain Lakes	13'08.50" (4.18m)	1