

Morris County Track Coaches Association

All-County Team Selection Criteria 2027 Spring Track

Automatic Selection

- 1-Individual winners at the County Champs will be an automatic selection.
- 2-Athletes that meet or exceed the "A" Standard will be an automatic selection.
- 3-Individual winners at the Meet of Champions will be an automatic selection.
- 4-4 x 400m Teams that meet or exceed the "A" Standard will be an automatic selection.

All County Eligibility

To be eligible for the All-County Team, athletes must be members of a School Board APPROVED Team with a School Board APPROVED Coach.

4 x 400m Selection

Qualifications: win 3 of 5 of the following criteria.

- 1-Win the County Relays 4 x 400m.
 - 2-Win the County Champs 4 x 400m.
 - 3-Fastest County time in the NJAC 4 x 400m.
 - 4-Fastest 4 x 400m time at the State Series.
 - 5-Fastest overall 4 x 400m time of the Season.
- If no one takes 3 of 5, a vote will be taken.

Super Standard resets automatic process
If 3 or more Teams achieve the Super Standard, (No Reset)
"B" Standard must be met to nominate your team

All County Nominees

Openings are created when there are double, triple, or quad winners at the Morris County Championships.

Additional nominees must meet the following criteria:

- 1-The athlete must better the winning performance of the county champion at the Morris County Championships.
- 2-Match or better the "B" Performance Standard listed at the bottom of the page.

Performance Verification

When making nominations to Brendan Donegan please use the Spring Track link in the MileSplit Calendar.

Enter the Dummy Meet on 6/9/2026
4 x 400m: We will make the 4x400 Ballot

Voting Procedures

Nominees for the All-County team must be made on MileSplit.

Enter the "Dummy Meet" & make your selection as an entry into the meet.

MileSplit will verify your nomination according to the standard.

All Nominations must be made prior to the All County Meeting.

Deadline for submitting nominations will be the day before the meeting @ 12:00pm.

A list of all nominations will be sent to all coaches via email the night before the meeting.

The 4 x 400m Relay will always be selected first.

Updated for ST 2027

All Standards FAT	"B" BOYS	"A" BOYS	All Standards FAT	"B" GIRLS	"A" GIRLS
100 Meters	10.94	10.82	100 Meters	12.36	12.19
200 Meters	22.18	21.98	200 Meters	25.45	25.26
400 Meters	49.19	48.83	400 Meters	57.83	56.84
800 Meters	1:55.01	1:53.47	800 Meters	2:15.39	2:14.22
1600 Meters	4:16.47	4:14.44	1600 Meters	4:58.82	4:55.72
3200 Meters	9:22.23	9:15.35	3200 Meters	10:53.42	10:46.60
100/110 Meter Hurdles	14.64	14.47	100/110 Meter Hurdles	14.90	14.57
400 Meter Hurdles	54.49	54.26	400 Meter Hurdles	64.09	63.14
Shot Put	56-6.25	58-7	Shot Put	39-9.75	41-5.25
Discus	163-3	170-7	Discus	123-0	128-9
Javelin	181-9	192-9	Javelin	122-6	131-7
High Jump	6-6	6-7	High Jump	5-4	5-6
Long Jump	22-4.25	22-9.75	Long Jump	17-10.25	18-7.25
Pole Vault	14-0	14-6	Pole Vault	10-6	11-6
Triple Jump	44-6.50	45-6	Triple Jump	36-0.75	37-8.75
4 x 400m	3:22.94	3:22.25	4 x 400m	4:00.81	3:59.86

"A" Standard 8th best mark at the County Championships All Time

"B" Standard 16th best mark at the County Championships All Time