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East Side's Vagueiro captures X-c title

By GRANT EDWARDS

Christi Constantin raced over the hilly course at Holmdel County Park yesterday to lead Kittatinny to the Group 2 state girls' cross-country championship for the second time in three years.

It was Constantin's third consecutive state title and her time of 17:54 made her the third fastest girl runner on the 5,000-meter course. Michelle Rowen of Washington ran 17:40 in the 1982 Meet of Champions and Janet Smith of J.P. Stevens set the course record of 17:35.5 in the same race the following year.

Kittatinny won the Group 2 title by a 74-90 margin over Delaware Valley. The other three group champions all were first-time winners, Toms River East in Group 4, Ocean City in Group 3 and Bishop Eustace in Group 1.

Joining Constantin as individual winners were Paula Vagueiro of Newark East Side in Group 4 in 19:32, freshman Kristen Hall of West Morris in Group 3 in 19:27 and Dawn Pfeifer of Bishop Eustace in Group 1 in 20:35.

Constantin had plenty of time to catch her breath before the next Group 2 runner, Karin Swartz of Princeton, crossed the finish line in 19:36. It was still the closest race Constantin has had on this side of the Hudson River all season. She was in the middle of press interviews by the time her teammates, Patty Miller (15th), Mindy Zwart (16th), Heather Klansky (24th) and Hollie Foster (43d) finished coming through the finishing chute.

A bubbly senior who can talk almost as fast as she can run, Constantin said she had been nervous about the race even though her victory was a foregone conclusion.

"That makes it worse sometimes," she said, "because I think of all the things that could go wrong. I really wanted the record today; the weather was so perfect. But there's always next week."

The real target for Constantin, however, is the Kinney Nationals, which begin with the Northeast Regionals Nov. 26 at VanCortlandt Park in The Bronx.

"I've been dreaming about that all season," she said. "And there will be a lot of pressure on me to do as well as last year."

Constantin won the regionals in 1987 and was fifth in the nationals.

Vagueiro, a junior who was born in Portugal, won the Group 4 race by 50 yards from freshman Colleen Spillane of Brick. The team battle was an Ocean County affair, with Toms River East reversing three previous losses to Brick this season, 91-106. Michelle Bull led Toms River East in seventh place in 20:05, Nancy Goodall was 12th in 20:24 and Michelle Pelchot 23d in 20:57.

Hall continued her fine season by winning the Group 3 race in 19:27 after a close duel with Nicki Willett of Morris Hills. Her last loss was to Willett in the Iron Hills Conference and, since then, Hall has won the Morris County and the North Jersey, Section 2 and state Group 3 titles.

Ocean City became the first Cape May County team to win a state cross-country title with a 71-79 margin over favored Phillipsburg. Kelly Dougherty led Ocean City in fifth in 20:09, Lori Heywood was 10th in 20:23 and Terry Dougherty, Kelly's sister, was 18th in 20:57.

"I was surprised we won," said coach Mike Naples, "because Alison Amicone, who has been running so well lately, was our seventh girl today."

Pfeifer won the Group 1 race by 40 yards from Becky Nazario of Pingry, the state prep champion in 20:35. Helene Ottens was next for Bishop Eustace in 12th in 21:51 and Susan O'Hanlon finished 14th in 21:59.

Photo by Frank H. Conlon

Kittatinny's Christi Constantin receives a hug from her dad, Wayne, after winning Group 2 cross country race yesterday at Holmdel Park

Photo by Frank H. Conlon

Kristen Hall of West Morris heads for finish line en route to victory in Group 3 cross country race

GROUP 4 GIRLS

TEAMS: 1-Toms River East 91. 2-Brick 106. 3-Hunterdon Central 113. 4-Paul VI (Hadd.) 126. 5-North Hunterdon 141. 6-Kearny 152. 7-Toms River North 201. 8-Newark East Side 210. 9-Marlboro 234. 10-Madison Central 273. 11-Shawnee 277. 12-Ridgewood 301. 13-Morristown 304. 14-Vernon 349. 15-Middletown North 351. 16-Passaic 400. 17-Westfield 402. 18-North Bergen 445. 19-Columbia 483.

INDIVIDUALS: 1-Paula Vagueiro, Newark East Side 19:32. 2-Colleen Spillane, Brick 19:43. 3-Erinn Carmody, Paul VI (Hadd.) 19:43. 4-Sandy Wright, Paul VI (Hadd.) 19:57. 5-Jen Maczka, Madison Central 19:59. 6-Elizabeth Duarte, Kearny 20:05. 7-Michelle Bull, Toms River East 20:05. 8-Melissa Niechwiadowicz, Madison Central 20:08. 9-Michelle Day, Notre Dame 20:10. 10-Patty Hoernlein, Brick 20:13. 11-Nadine Nunez, Passaic 20:21. 12-Nancy Goodall, Toms River East 20:24. 13-Becky Greywall, Hunterdon Central 20:26. 14-Stella Cinoa, Marlboro 20:27. 15-Jen Magliocco, Hunterdon Central 20:26. 16-Diane DeOliveira, Toms River North 20:34. 17-Cathe Moroney, Brick 20:36. 18-Tara Ricciuto, Manalapan 20:37. 19-Katie McCormick, North Hunterdon 20:49. 20-Meghan Carmody, Paul VI 20:50.

GROUP 3 GIRLS

TEAMS: 1-Ocean City 71. 2-Phillipsburg 79. 3-Red Bank Catholic 83. 4-Wayne Valley 151. 5-Mt. Olive 171. 6-Raritan 173. 7-West Morris 182. 8-Voorhees 240. 9-Dumont 267. 10-Morris Hills 302. 11-Jefferson 307. 12-Edgewood 332. 13-Bergenfield 335. 14-Paramus 363. 15-Northern Highlands 374. 16-Bridgeton 383. 17-Watchung Hills 405. 18-Mainland 406. 19-Colonia 450.

INDIVIDUALS: 1-Kristen Hall, West Morris 19:27. 2-Nicki Willett, Morris Hills 19:29. 3-Lisa Miers, Phillipsburg 19:53. 4-Colleen Kenney, Raritan 20:06. 5-Kelly Dougherty, Ocean City20:09. 6-Kristen Opdyke, Ocean City 20:11. 7-Jennifer Mackey, Sparta 20:16. 8-Cathy Feeney, Wayne Valley 20:18. 9-Jennifer Weber, Egg Harbor 20:20. 10-Lori Heywood, Ocean City 20:23. 11-Mary Lou Gibson, Brick Memorial 20:34. 12-Lisa Berkowitz, Wayne Valley 20:39. 13-Toni Granese, Red Bank Catholic 20:40. 14-Charlene Agar, Red Bank Catholic 20:48. 15-Kim Guedez, Voorhees 20:49. 16-Kelly Donnellon, Mt. Olive 20:54. 17-Lane Sullivan, St. Dominic Academy 20:55. 18-Terry Dougherty, Ocean City 20:57. 19-Heather Cronce, Phillipsburg 20:59. 20-Jennifer Voigt, Phillipsburg 21:00.

GROUP 2 GIRLS

TEAMS: 1-Kittatinny 74. 2-Delaware Valley 90. 3-Hopatcong 151. 4-Princeton 170. 5-St. John Vianney 177. 6-Garfield 189. 7-Kingsway 200. 8-Bridgewater East 211. 9-St. Rose 219. 10-DePaul 258. 11-Hackettstown 281. 12-Millburn 291. 13-River Dell 300. 14-Caldwell 311. 15-Dayton Regional 344. 16-Manchester Township 383. 17-Buena 410.

INDIVIDUALS: 1-Christi Constantin, Kittatinny 17:54. 2-Karin Swartz, Princeton 19:36. 3-Tabitha Francks, Gloucester Catholic 19:41. 4-Jen Nesbitt, Caldwell 19:54. 5-Loria Townsend, Kingsway 20:24. 6-Carrie Thompson, Clearview 20:34. 7-Ellen Lenihan, St. John Vianney 20:55. 8-Tamara Smithson, Delaware Valley 20:56. 9-Amy Shearman, Hanover Park 20:59. 10-Megan Van Gulik, Hopewell Valley 21:11. 11-Elaine Oakes, Hopatcong 21:14. 12-Kathy Castles, Summit 21:16. 13-Davana Medina, DePaul 21:21. 14-Julie Nelson, Princeton 21:24. 15-Patty Keller, Kittatinny 21:25. 16-Mindy Zwart, Kittatinny 21:32. 17-Kathy Stevely, Delaware Valley 21:34. 18-Michelle Jones, Delaware Valley 21:35. 19-Cathy Rindge, River Dell 21:36. 20-Erika Levai, Hopatcong 21:38.

GROUP 1 GIRLS

TEAMS: 1-Bishop Eustace 81. 2-Kinnelon 97. 3-Bernards 129. 4-Newark Arts 134. 5-Mater Dei 137. 6-Pingry 150. 7-Palisades Park 173. 8-Haddonfield 190. 9-Verona 260. 10-Keansburg 229. 11-Pompton Lakes 279. 12-Sacred Heart (Vineland) 291. 13-Saddle Brook 301. 14-North Arlington 325. 15-Paulsboro 356.

INDIVIDUALS: 1-Dawn Pfeifer, Bishop Eustace 20:35. 2-Becky Nazario, Pingry 20:43. 3-Rosie Caffrey, Mater Dei 20:51. 4-Cheryl Keller, Spotswood 21:20. 5-Cheryl Keating, Sacred Heart 21:24. 6-Kay Min, Kinnelon 21:29. 7-Heather Lee, Audubon, 21:30. 8-Renee Mihalik, Kinnelon 21:38. 9-Ann Sourek, Palisades Park 21:43. 10-Stacey Riley, Bernards 21:44. 11-Jen Schenberg, Kinnelon 21:47. 12-Helene Ottens, Bishop Eustace 21:51. 13-Tonia Kemps, Haddonfield 21:54. 14-Susan O'Hanlon, Bishop Eustace 21:59. 15-Shakura Ismail, Newark Arts 22:05. 16-Jen Morran, Bernards 22:12. 17-Nancy Ryan, Haddonfield 22:17. 18-Jessica Marchanska, Henry Hudson 22:24. 19-Jane Haddad, Neumann Prep 22:26. 20-Laura Camp, Verona 22:27.

Whippany P stops Immaculate, 21-13

Senior quarterback Rob Colyer ran for a touchdown and passed for another score to lead Whippany Park to a 21-13 victory over Montclair Immaculate yesterday in Whippany.

Rob Fiorentino rushed for 80 yards and a TD for Whippany Park (6-2), which still has a chance for a North Jersey, Section 2, Group 2 state playoff berth.

Montclair Immaculate quarterback Dom Ferrara completed 8 of 21 passes for 125 yards, boosting his season total to 1,120 yards.

Whippany Park took a 14-7 lead with four minutes left in the half on an eight-yard run by Fiorentino and a 45-yard pass from Colyer to Philip Manuel. Montclair Immaculate (4-4), which took a 7-0 lead in the first on Ferrara's 41-yard pass connection with Latish Kinsler, closed to within a point on Lamar Sherrod's one-yard plunge with 45 seconds remaining in the half.

Colyer capped the scoring with a 26-yard run the fourth period.

Whippany Park	0	14	0	7	– 21
Montclair Immaculate	7	6	0	0	– 13

M—Kinsler 41 pass from Ferrara (Ferrara kick)
W—Fiorentino 8 run (Manuel kick)
W—Manuel 45 pass from Colyer (Manuel kick)
M—Sherrod 1 run (kick failed)
W—Colyer 26 run (Manuel kick)

Becote helps Pat.-Kennedy to second straight berth

By JOHN RUYZAM

Fullback Keith Becote rushed for 125 yards and three touchdowns and substitute quarterback Mike Patterson, making his first start, completed five of eight passes for 116 yards when Paterson Kennedy handed third-ranked St. Joseph of Montvale its first loss, 21-0, yesterday before 1,000 at Paterson's Hinchliffe Stadium.

The victory, one of the biggest in Paterson Kennedy's history, sent coach Frank Bonadies' team into the North Jersey, Section 1, Group 4 playoffs for the second straight year. Paterson Kennedy (6-2) won the title last season. St. Joseph (7-1), winner of the North Jersey, Parochial A championship in '87, has a playoff spot locked up.

Paterson Kennedy's 4-4 defense, led by tackle Ali McDaniel (6-3, 280) and linebackers Frank Jacobsen and Dedrick Williams, allowed St.Joseph 39 yards rushing and 90 through the air. Paterson Kennedy corner back-wide receiver Dante Noble intercepted two passes. St. Joseph had been scoring 34 points a game.

"This was Patterson's first start at quarterback and he's just a junior," said Bonadies, the 1987 Star-Ledger Coach of the Year. "I told my team before the game that he'd need help and they would have to give a little extra effort today. That's what they did."

Paterson Kennedy's starting quarterback, Michael Jackson, tore ligaments in his knee last week in a victory over Bergen Catholic and will miss the remainder of the season.

Paterson Kennedy scored its first touchdown with 9:03 to go in the second quarter. It began the drive on its 31 and took nine plays to cash in. Two passes, a 42-yarder to end Kevin Jackson and a 27-yarder to Noble, advanced the ball to the four. Two plays later, Becote burst over from the one.

Paterson Kennedy added another score before the half by marching 45 yards. Becote, a 6-0, 170-pound junior, dashed up the middle, out-faked the defense and sped 44 yards to the touchdown. Patterson's kick was good and Paterson Kennedy led, 13-0, at the half.

Paterson Kennedy scored on its first possession in the second half, going 78 yards in seven plays after a punt. A 23-yard pass from Patterson to Noble brought the ball to the Paterson Kennedy 48. After three runs moved to St. Joseph's 32, Becote raced up the middle untouched for a touchdown. Becote added the two-point conversion run.

Paterson Kennedy	0	13	8	0	– 21
St. Joseph	0	0	0	0	– 0

P—Becote 1 run (kick failed)
P—Becote 44 run (Patterson kick)
P—Becote 32 run (Becote run)

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