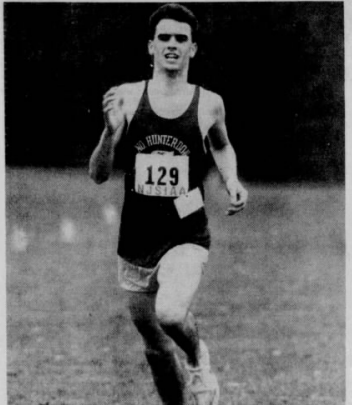


# Heffernan wins in 15:35; Chokshi takes third time



North Hunterdon's Brendan Heffernan en route to capturing the boys race at the Meet of Champions yesterday in Holmdel.

By PAUL FABRI  
In a record-setting day, Brendan Heffernan of North Hunterdon established a personal standard, Monal Chokshi of Bridgewater tied another and Christian Brothers bettered its own yesterday in the 20th NJSSAA cross-country Meet of Champions at Holmdel County Park.

Shawnee, the No. 1 team in The Star-Ledger Girls Cross-Country Top 10, also set an unofficial record, winning its second consecutive meet in state competition by a single point by beating No. 2 Toms River North, 99-

## CROSS-COUNTRY

100, for the second time in two weeks to win the first girls' Meet of Champions title.  
Heffernan, who had an eye riveted on the Weather Channel all week, conquered a course left slightly slippery by the previous night's rain, by winning the boys' race in 15:31, six seconds better than the time he ran last week in the Group 3 race and the second best time in the 12-year history of the current Holmdel course.  
Only Jason DiJoseph of Paul VI, who finished the 3.1-mile course in 15:16 in 1981, has run faster.  
"When it started to rain, I figured I was just going for the win," said Heffernan, a junior. "But luckily it stopped and, when I walked the course when I got here, it looked hard enough."  
With the time, Heffernan moved

ahead of Andy Martin (15:35) on the Holmdel list. Martin, the 1984 state champion while at North Hunterdon, returned to his alma mater this year as a volunteer assistant coach.  
"I couldn't be more happy," said Martin. "Brendan is such a great kid. When I ran my time, I knew somebody would eventually break and then DiJoseph came along and crushed it."  
When Brennan ran that 4:17 (in the 1,600 at last spring's Meet of Champions), I knew he had the tools to do this. He's the most put-together 16-year-old I've ever seen. At this point, he's better, faster and much more talented than Brad (Hudson), the 1983 state champion at North Hunterdon or me and he will break DiJoseph's record."

Rob Reeder of Northern Highlands of Allendale, the Bergen County champion and the runner-up at the Group 3 meet last week, ran away from Tom Keeler of Paul VI over the last 10 yards to finish second in 16:08.  
"I was hurting until he got beside me," said Reeder, a senior who finished in 14:33 last week. "Then a whole bunch of things flashed through my mind. I thought to myself that this is the state Meet of Champions. How can I possibly give up now?"

Chokshi, a junior, won her third consecutive girls' all-groups title in 19:18, equalling the three wins by Hilary Noden of Hopewell Valley, and Smith of J.P. Stevens and Heidi Biotta of North Hunterdon.  
Chokshi's time was the slowest of her three Meet of Champions races.  
"She went out a little too fast," said Bridgewater coach Rick Martin. "She was focusing on running hard, because she knew the other girls would be coming after her."  
Kristen Hall of West Morris came after Chokshi the hardest and she finished second for the second straight year in 19:29.  
CBA, the season-long No. 1 in the Boys' Top 10, won its second straight championship and its record sixth overall by outpacing Ridgewood, 63-102. Five CBA seniors, who have made twice-weekly trips to Holmdel since July, finished in the top 50 and within 49 seconds of one another.  
"When we didn't finish with the top team at the Manhattan Invitational (CBA won its division), we thought of Long Island had the best average time that kind of humbled us," said Dave Ernst, who finished 42d in 20:01.  
"Our goal was to have a perfect season. To win every race we ran in," said Chris Grasso, who finished 49th in 17:15. "Essex Catholic (in the '60s), North Hunterdon, Paul VI (Hudson Township and Bernards (all in the '60s) have done that before and so has CBA (four times). So today we feel we left our mark."

"We had a different No. 1 guy every week in practice," said Rich Corcoran, who finished 15th in 16:38. "Everyone on this team was after each other, and this championship is a result of that."  
No. 10 Ashbury Park, a team which has just five runners and graduated state champion Bryan Spooner, unexpectedly finished third with 168.  
Shawnee, a one-point winner over Toms River North in breathtaking fashion last week in the girls' Group 4 race, received a remarkable performance from freshman Liz More, who finished sixth in 19:46, and solid efforts from Stephanie Burgin (4th in 20:50) and Danielle Melnick (43d in 21:07) to outrun Toms River North again, 99-100.  
The championship was more impressive since Shawnee composed with just Julie Goldstein, the No. 1 runner, who dropped out of the sectional race two weeks ago with two stress fractures.  
"Unbelievable," that's the only word for it," said Shawnee coach Mike Yurcho.



Bridgewater's Monal Chokshi en route to winning her third straight all-groups title yesterday at the Meet of Champions in Holmdel.

## The scoreboard

Table with columns for Football, Soccer, and Basketball, listing various schools and their scores.

## Football schedule

Table listing football games between various schools, including dates and times.

## Playoff schedule

Table detailing the NJSSAA Football Playoffs, including group assignments and game locations.

# Randolph cruises by Livingston, 25-0

By SEAN REILLY  
Junior halfback Billy Williams rushed for 134 yards and one touchdown on 17 carries and senior fullback Dan Dezan ran 12 times for 89 yards and two TDs when Randolph, ranked fifth in The Star-Ledger Football Top 20, swept to a 25-0 victory over Livingston before 2,100 last night at John J. Bauer Memorial Stadium in Randolph.  
The victory, which stretched Randolph's state-record unbeaten string to 38 games, coupled with Roxbury's 27-0 setback to Morris Knolls earlier in the day, gave coach John Bauer Jr. and his 8-4-1 team their sixth consecutive outright championship in the Iron Division of the Iron Hills Conference.  
"Winning the conference is important to us," stated Bauer. "And it not being a tie... I like that. We earned it by beating Morristown, Morris Knolls and Livingston, all while different people were hurting. That's important."  
Randolph racked up 386 yards to 97 by Livingston (1-8). Livingston coach Al Jacobson must now wait until next season to win his 200th game. The veteran coach ends the season with a 199-146-14 career record.  
Randolph, which meets Roxbury the team it tied, 6-6, on Nov. 1 to end its record 34-game winning streak in the first round of the NJSSAA North Jersey, Section 2, Group 4 state playoffs at home Saturday, thoroughly dominated last night's contest with Livingston (1-8).  
In the first half, when Randolph scored on all three of its possessions, it ran 49 plays to Livingston's 11, held a 210-yard to 14 spread in total offense and consumed 17:44 of the time compared to Livingston's 6:18.  
"I thought we really came to play," said Bauer Jr. "They started off hard and they knew if they wanted the title they would have to go out and take it."  
Randolph took the opening kickoff and drove 77 yards in 13 plays. Williams came up big along the way, catching a 17-yard pass from QB John Bauer Sr. running 19 yards to the 30, and bursting 11 yards to the 19, then capping the display with a 12-yard scoring run with 5:21 left.  
After a Livingston punt, Randolph scored again on a 62-yard drive that began with 142 left in the first quarter and took up 16 plays, concluding with Dezan's one-yard plunge with 6:44 to go in the half. After a three-play series, Livingston was again forced to punt, and Randolph took over at its 30 with 4:14 on the clock.  
Williams had a 19-yard run and Bauer threw a 27-yard pass to Mike Barrett before Doran scored from three yards out with 21 seconds remaining.  
Randolph scored its final TD with 1:36 left in the game when Barrett ran in from 12 yards out. Randolph started at its own 28 following an interception by Williams and a 34-yard pickup by Dezan brought the ball to Livingston's 38.  
Morrison's Tom Pennell attempts to pull away from Chuckie Holman of East Orange yesterday.



Morrison's Tom Pennell attempts to pull away from Chuckie Holman of East Orange yesterday.

# East Orange bows to Morristown, 15-14

Jamie Golden led Karl Friday with a 42-yard touchdown pass and 52 seconds left and Tom Pennell went off right tackle for the winning two-point conversion to give Morristown a 15-14 victory over East Orange yesterday in East Orange.  
Morristown (6-3), which finished with its best record since 6-2-1 in 1981, had to come from behind twice.  
Morristown trailed, 7-0, before Pennell bolted 15 yards to complete a six-play, 63-yard drive in the third quarter. Pennell then kicked the extra point.  
East Orange (4-4) took a 14-7 lead when Sherwin Williams completed a 19-yard TD pass to Mike Pennit to clinch a 12-play, 75-yard march with 2:12 remaining in the third period and Williams kicked his second extra point.  
Friday then pulled in Golden's pass along the left sideline at the 10 and ran in to the end zone to cap an eight-play, 56-yard sequence.  
East Orange had opened the scoring when Ansley James dashed 37 yards to conclude a six-play, 81-yard drive in the second quarter.  
Morristown  
East Orange

# No. 10 Roxbury upset by Morris K, 27-0

Mark Medeiros ran for 166 yards and a touchdown on 28 carries and quarterback Geoff Standfast hit Kevin Lind with two scoring strikes and carried for another TD to lead Morris Knolls to a 27-0 upset victory over Roxbury, No. 10 in The Star-Ledger Top 20, yesterday in Roxbury.  
Roxbury (7-1), which tied Randolph, 6-6, to snap its 34-game winning streak three weeks ago, will get another shot at Randolph Saturday in the opening round of the NJSSAA North Jersey, Section 2, Group 4 playoffs.  
Medeiros dashed 18 yards to the end zone in the opening period and Standfast converted to stake Morris Knolls (6-3) to a 7-0 lead.  
Morris Knolls

19-yard TD pass to Mike Pennit to clinch a 12-play, 75-yard march with 2:12 remaining in the third period and Williams kicked his second extra point.  
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Morristown  
East Orange

# Dover rips Mt. Olive

Bruce Ryan ran for three first-half touchdowns to pace Dover to a 41-12 victory over Mt. Olive last night in Dover.  
Ryan scored on runs of three, five and 13 yards in the first half and Dover (7-2) opened a 34-0 lead. Quarterback Roy Moss threw two touchdown passes in the second period, hitting Mike Antoine on a 16-yarder and Jesse Williams for 12 yards. Williams also rushed for 128 yards on 14 carries.