

# Fogg breaks 19-minute mark; Bernards' Nann wins crown

By JIM LAMBERT

Autumn Fogg decided to play a game of beat the clock yesterday in the NJSIAA Girls' Group Cross-Country Championships in muddy Holmdel Park.

And the Hunterdon Central senior won.

Fogg wanted to break 19 minutes and did so when she retained her Group 4 title in a personal Holmdel best 18:53, the top girls' time of the season at the course. Fogg, who hasn't lost to a New Jersey runner this season, took seven seconds off the previous Holmdel best of 18:59 she ran to win Group 4 last year.

"When I saw the clock, it said 18:18 and I was trying to get to finish before 19," said Fogg, who wasn't pushed after she grabbed the lead going into the first trail and opened a 10-second lead at the mile mark. "I was running for time as much as place. This is my best win because of the time. This gives me more confidence for next week."

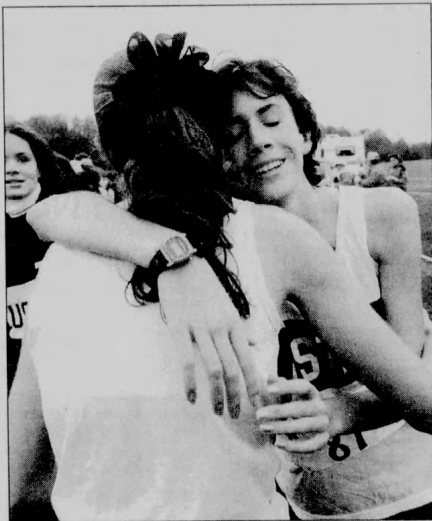
Next Saturday, the state Meet of Champions will be run at Holmdel and Fogg, second in that race last year, is favored to win.

In each of yesterday's races, the top three teams and top 10 individuals who ran for other schools earned a ticket into the M of C. At the M of C, the girls' race starts at 11 a.m. and the boys' at 11:45.

Red Bank Catholic, ranked first in The Star-Ledger Top 10, edged No. 4 Bishop Eustace, 31-37, to win the Parochial B title. No. 10 Paul VI repeated in Parochial A.

In Group 4, No. 2 Shawnee, although its normal No. 3 runner dropped out with an illness, still rolled to the title with 68 points. Shawnee, second to Hunterdon Central last year, has won four of the last five Group 4 titles. No. 3 Breck retained its Group 3 title by outpointing No. 9 Ocean City, 60-91, with No. 5 Mt. Olive taking third at 98. In Group 2, Ramsey won its first state title and Pinelands junior Amy Beykirch recovered after a fall at the start recovered by the slippery conditions to finish first in 20:04.

Maple Shade captured its first state title by beating runner-up Bound Brook, 1224/44 in Group 1. The key was Maple Shade's No. 5, Sam Erich, who beat Bernards' No. 5 by 44 places. Bernards sophomore Laura Nann ran 19:23.7 to capture the Group 1 individual title.



Ann Klocke (right) of Bishop Eustace is congratulated by teammate Kristen Ryan after winning Parochial B race in state group championships yesterday in Holmdel Park.

Last year in Parochial B, Bishop Eustace beat Red Bank Catholic, 27-29, and a week later RBC beat Bishop Eustace, 70-77, to win the M of C title. The Shore team is favored to become the first team to repeat at the M of C since North Hunterdon did it in 1986. Bishop Eustace's Ann Klocke won the Parochial B race in 19:20.0.

St. Rose freshman Maura Bolger, who sat out last week's Shore Conference meet with shin splints, was running a close second to Klocke near the two-mile mark when the pain in her shins became unbearable and she dropped out.

Sophomore Meghan Cunniff led Red Bank Catholic by placing second in 19:35. It was the first time this season that Cunniff, who was her team's No. 1 last year but got off to a slow start this season, was her squad. Teammate Kerry Andrews was third in 19:49. Red Bank Catholic had its top five place in the first 11 and a big key was the fifth runner, Jackie Iovino, who beat Bishop Eustace's fifth by six places.

"We remembered losing to them last year and we didn't want that to happen again," said Cunniff, third in the M of C last year. "We know that everyone is looking to knock us off, but we want to prove to everyone that we can win again."

"We ran our best race and forced them to run their best race," said Bishop Eustace coach Bob Kiessling. "RBC just ran a better race than we did today."

In Group 4, Shawnee's normal No. 3 runner, Rachel Wick, who was hit with the flu this past week, dropped out with a mile left when the symptoms returned. In her place, usual No. 6 Nikki Thiemann was Shawnee's No. 3 and 11th overall in 20:20.6. Shawnee and Red Bank Catholic will meet for the first time this season in a long-awaited showdown next week.

"I think it's a tossup between a few teams," Shawnee coach Mike Yurcho said. "I think Red Bank Catholic, ourselves, Breck and Bishop Eustace all have a chance and I think our chances are as good as anybody's. We'll find out next week."

The big news in Group 4 was runner-up Westfield, which beat three ranked teams to place second to advance to the M of C race for the first time. Westfield finished with 143 points. No. 7 Middletown South was third with 149. Toms River North was fourth at 183. No. 8 Ridgewood was fifth with 191 and No. 6 Hunterdon Central was sixth at 194.

"I thought it would take a great race for us to qualify and the girls rose to the occasion," said Westfield coach Tom Hornish, whose team had a spread of 36 seconds between its first and fifth runner. "Whatever happens next week is just icing on the cake."

Breck's Group 3 triumph was spurred by the gutsy effort of junior Jaime Silva. Silva ran with a stress fracture in her left leg and placed fourth for her team, 22d overall, in 21:23.9. "She the toughest athlete mentally that I've ever coached," said longtime Breck coach Bill Maguire. "She wants to help the team at all costs."

Silva, who hasn't trained with her team since suffering the injury three weeks ago, has only worked out in the pool since the injury and runs just in the big races.

"The decision to run was left up to me and I didn't want to miss this race," said Silva, who ran with her leg heavily taped. "This was too important."

Abbey Hartman of Ocean City beat Shari Hewel of West Deptford in winning Group 3 in 18:28.8.

waite, Asbury Park 17:37.2, 9-Sloan Fisk, Haddonfield 17:42.1, 10-Ray Bierbach, Newton 17:50.4, 11-Aaron Kiley, West Deptford 17:52.3, 12-Eric Egnoffi, Freehold Borough 17:59, 13-Mike Meehan, Freehold Borough 17:59.4, 14-Nelson Hinman, Clearview 17:59.5, 15-Forest Jones, Morris Hills 17:59.5, 16-Brian Berger, Caldwell 18:02.1, 17-Dave Elmquist, Holmdel 18:04.8, 18-Kevin Dulo, Morristown 18:07.5, 19-Willy Towle, Newark 18:09.1, 20-Tristan Schiommann, Holmdel 18:10.1.

TEAMS: 1-Palisades Park 38, 2-Bernards 96, 3-Henry Hudson 131, 4-Montgomery 141, 5-Melcher 151, 6-Maple Shade 17, 7-Haddonfield 173, 8-Bishop Eustace 183, 9-Bishop Eustace 183, 10-Kevin Westphal, St. James 17:28.9, 11-Kyle Perry, Pine Brook 17:41.3, 12-Andrew Grisel, Pingry 17:48.4, 13-Matt Day, Pope John 17:50.9, 14-Andrew Grisel, Pingry 17:50.9, 15-Bishop Eustace 17:55, 16-Paul Ciaccio, St. John Vianney 17:56.9, 17-Chrisopher Navia, Union Catholic 17:58.4, 18-Union Catholic 17:58.4, 19-Catholic 18:04.1, 20-Michael Wagner, St. Rose 18:04.1, 21-Mike Freepson, St. John Vianney 18:09.2, 22-Derek Cunningham, Red Bank Catholic 18:10.9, 23-Douglas Campbell, Red Bank Catholic 18:31.1, 24-Michael Hernandez, Good Counsel 18:33.2, 25-Alex Torres, Roselle Catholic 18:33.8.

## GIRLS STATE GROUP CHAMPIONSHIPS

TEAMS: 1-Shawnee 88, 2-Westfield 143, 3-Middletown South 148, 4-Toms River North 189, 5-Ridgewood 191, 6-Hunterdon Central 194, 7-Toms River East 202, 8-Randolph 211, 9-Columbia 263, 10-Paterson Kennedy 282, 11-Newark East Side 293, 12-Robury 298, 13-Bridgewater-Raritan 309, 14-Kearny 316, 15-Middletown North 319, 16-West Windsor 351, 17-Eastern 388, 18-Wayne Valley 416, 19-Millville 420, 20-Fair Lawn 497.

INDIVIDUALS: 1-Autumn Fogg, Hunterdon Central 18:53, 2-Jenn Pecos, Toms River North 19:25, 3-Lauren Dunning, Toms River East 19:47, 4-Stephanie Snyder, Randolph 19:47.5, 5-Beth Crawford, Hunterdon Central 19:51.4, 6-Lisa Geller-Sha, Swanton 20:42.3, 7-Amy Smith, Ridgewood 20:09.3, 8-Karen O'Neil, Shawnee 20:15.1, 9-Stephanie Davis, Ridgewood 20:18, 10-Ellian Dryden, Roxbury 20:21, 11-Nikki Thiemann, Shawnee 20:20.6, 12-Beth Jones, 13-Julie Corbett, Kearny 20:24.5, 14-Jami Wetzel, Toms River North 20:24.5, 15-Lauren O'Brien, Shawnee 20:28.5, 16-Ana Tavares, Newark East Side 20:40.7, 17-Jean Griffin, Middletown South 20:41, 18-Kim O'Donnell, Swanton 20:42.3, 19-Terry Millanette, Westfield 20:43.4, 20-Lauren Saul, Westfield 20:45.

TEAMS: 1-Breck 40, 2-Ocean City 91, 3-Mt. Olive 98, 4-Wall 154, 5-Toms River South 162, 6-Manchester Township 167, 7-North Hunterdon 168, 8-Northern Highlands 186, 9-Ocean Township 192, 10-Fort Lee 228, 11-Abseggen 351, 12-Lawrence 378, 13-Demarest 387, 14-Lakeland 398, 15-Montville 408, 16-Watchung Hills 417, 17-Raritan 422, 18-Cranford 435, 19-Rahway 443, 20-Tenly 444, 21-Scotch Plains 491.

INDIVIDUALS: 1-Abbey Hartman, Ocean City 19:28.5, 2-Shari Hewel, West Deptford 19:48.9, 3-Lorena Adams, Manchester Township 19:57.7, 4-Jamie Wroblewski, Breck 20:08.7, 5-Aimee Oppenheimer, Manchester Township 20:17.7, 6-C. Meehan, Breck 20:18.1, 7-Amalia Merritt, Neptune 20:42, 8-Kim Primavera, Mt. Olive 20:29.7, 9-Jen Meghan, Northern Highlands 20:34, 10-Sarah Chase, Breck 20:48.6, 11-Vanika Barbini, Mt. Olive 20:53, 12-Wagee DeFelicis, Ocean City 20:53.8, 13-Kate Sheridan, Abseggen 20:56.1, 14-Danielle Salvia, Ocean City 20:57, 15-Lisa Anderson, North Hunterdon 21:05.9, 16-Heather Perrine, Wall 21:07.1, 17-Natasha Yaeger, Wall 21:07.1, 18-Erica DeSalvatore, Toms River South 21:08.4, 19-Laura Monchinski, Mt. Olive 21:09.9, 20-Kelly Ortiz, Paramus 21:16.

TEAMS: 1-Ramsey 83, 2-Voorhees 139, 3-Haddonfield 140, 4-Ridge 158, 5-Point Pleasant 159, 6-Somerville 159, 7-Katlynny 159, 8-Jefferson 199, 9-Holmdel 218, 10-Woodstock 293, 11-Pineblands 316, 12-Mandham 38, 13-Caldwell 380, 14-Westwood 390, 15-Hopewell Valley 395, 16-Milburn 613, 17-Walkill Valley 374, 18-Cinnaminson 423, 19-Rutherford 458.

INDIVIDUALS: 1-Jamie Beckley, Pinelands 20:04, 2-Jessica Thomas, Point Pleasant 20:10, 3-Jamie Glenn, Point Pleasant 20:14, 4-Lauren Kelly, Morris Hills 20:40.8, 5-Libby Morris, Somerville 20:54, 6-Stacy Hoen, Kinnelon 20:59, 7-Nicole Callaghan, Westwood 21:03, 8-Amy Giucio, Haddonfield 21:09.2, 9-Alyson Morgan, Hackettstown 21:12.7, 10-Claire Nicholas, Ridge 21:14.7, 11-Tracy Kirk, Ramsey 21:19, 12-Becca Raun, Ridge 21:26.4, 13-Jennifer Murphy, Point Pleasant 20:11, 14-Michelle Ortry, Voorhees 21:26.4, 15-Kim Hild, Jefferson 21:28.3, 16-Dutanne Dorrell, Woodstown 21:40.6, 17-Denise Reed, Lind Branch 21:41, 18-Dana Sahr, Ramsey 21:48.2, 19-Gillian Cook, Somerville 21:50.3, 20-Rachele Dammingier, Clearview 21:53.9.

TEAMS: 1-Maple Shade 122, 2-Bound Brook 134, 3-A. P. Schalk 141, 4-Melcher 146, 5-Bogota 157, 6-Bernards 188, 7-Palisades Park 204, 8-Rumson 219, 9-Newark Science 249, 10-Pecanumock 255, 11-Kensington 285, 12-New Providence 28, 13-Milford Park 327, 14-Verona 340, 15-Hunterdon Township 361, 16-Wingippan Park 372, 17-Hawthorne 378, 18-Point Pleasant Beach 400, 19-Becton 492.

INDIVIDUALS: 1-Laura Nann, Bernards 19:23.7, 2-Megan Jordan, Shore Regional 20:14, 3-Erica Casero, Bogota 21:08.4, 4-Tina Romo, Hawthorne 21:18.7, 5-Amber Hart, Point Pleasant Beach 21:19.9, 6-Melissa DeLeo, Bound Brook 21:28.5, 7-Kristen Latford, Bogota 21:30.7, 8-Beth Sanders, Rumson 21:35.5, 9-Laura Perry, Whippany Park 21:35.5, 10-Sharon Crow, Haddon Township 21:56.7, 11-Tiffany Linn, Milford Park 22:08.4, 12-Tina Govic, Palisades Park 22:09.6, 13-Alyson Lura, Holmdel 22:11.4, 14-Laura Woodward, Maple Shade 22:26.9, 15-Sherry White, Newark Science 22:28.5, 16-Li Roberts, A. P. Schalk 22:33, 17-Sarah Ozbun, A. P. Schalk 22:34, 18-Melissa Londregan, Hawthorne 22:42, 19-Compton, Maple Shade 22:46.7, 20-Melody Davis, Kinnelon 2:48.8.

TEAMS: 1-Paul VI 141, 2-Immaculate Heart 5, 3-Notre Dame 84, 4-Camden Catholic 96, 5-Holy Angels 121, 6-Holy Cross 156, 7-Mary Donovan 172, 8-St. Dominic Academy 191, 9-Bishop Abr 247.

INDIVIDUALS: 1-Kacy Corbett, Camden Catholic 19:46, 2-Kelly McCabe, Notre Dame 20:10, 3-Kourtney Gallo, Immaculate Heart 20:27, 4-Sian Ferras, Paul VI 20:32.3, 5-Andrea Dipolito, Holy Cross 21:00, 6-Michelle Ralick, Paul VI 21:04.3, 7-Diana Catanese, Immaculate Heart 21:25.3, 8-Maggie Martin, Paul VI 21:12.2, 9-Erin Walker, Paul VI 21:19.4, 10-Li Hackley, Holy Cross 21:25, 11-Danielle Reinert, Immaculate Heart 21:27.8, 12-Nancy Scaglione, Notre Dame 21:27.9, 13-Maureen McGillich, Notre Dame 21:27.9, 14-Jen Bryan, Paul VI 21:36.2, 15-Eileen Lennon, Holy Angels 21:43, 16-Michio Kawasaki, Immaculate Heart 21:45.3, 17-Alicia Kenworthy, Immaculate Heart 21:58.7, 18-Kim Reynolds, Paul VI 22:01.6, 19-Maureen Dougherty, Paul VI 22:04.5, 20-Kyebha Eney, Camden Catholic 22:12, 21-Donyale Loveland, Camden Catholic 22:12.7, 22-Wendy Sycum, St. Dominic Academy 22:16, 23-Jennifer Knuth, Holy Angels 22:19, 24-Jaceli Farrelle, Camden 22:20.2, 25-Jessica Restivo, Notre Dame 22:27.8, 26-Kimberly Banks, Msgr. Donovan 22:30.

TEAMS: 1-Red Bank Catholic 31, 2-Bishop Eustace 38, 3-Mt. Olive 44, 4-St. John Vianney 159, 5-Pingry 160, 6-St. Rose 167, 7-Pope John 172, 8-Sacred Heart 211, 9-Morris Catholic 211, 10-Villa Walsh 268, 11-Roselle Catholic 287, 12-Immaculate 292, 13-St. James 372, 14-DePaul 372, 15-Eastern Christian 399.

INDIVIDUALS: 1-Ann Klocke, Bishop Eustace 19:20, 2-Meghan Cunniff, Red Bank Catholic 19:35, 3-Kerry Andrew, Red Bank Catholic 19:49, 4-Sara Timgal, Pingry 19:51.1, 5-Adrienne Del Sol, Bishop Eustace 19:55, 6-Kristy Ryan, Bishop Eustace 20:12, 7-Mara Maloney, Red Bank Catholic 20:30, 8-Jenny Frattonis, Red Bank Catholic 20:33, 9-Kate Myrskarski, Bishop Eustace 20:38, 10-Maria Nitto, Pope John 20:42.7, 11-Jackie Iovino, Red Bank Catholic 20:44, 12-Lauren Avalone, Morris Catholic 20:49.3, 13-Erin O'Rourke, Red Bank Catholic 20:57, 14-Meredith Ruffi, Morris Catholic 20:59.4, 15-Adrienne Alexander, Sacred Heart 21:02.5, 16-Megan Bruno, St. John Vianney 21:12.7, 17-Mandy Ellringham, Bishop Eustace 21:19, 18-Melissa Capone, St. Rose 21:37, 19-Laura Bottalico, Bishop Eustace 21:44, 20-Alyson Warner, Mt. Olive 21:51, 21-Maureen Maloney, Red Bank Catholic 21:52, 22-Kelly Alex, Waller Del 21:54, 23-Alyson Piccolos, Sacred Heart 21:57.8, 24-Rosemarie Oskne, St. John Vianney 22:05.9, 25-Beth Schuster, St. Rose 22:09.10.